

2024 REPORT TRAINING CUDECA INSTITUTE OF STUDIES AND RESEARCH

The following activities have been organised for 2024:

POSTGRADUATE COURSES

Postgraduate degrees with the University of Malaga. UMA

- **Completion of the 5th Master's Degree in Interdisciplinary Continuing Education in Palliative Care:**

Blended learning, 10 students enrolled (7 women and 3 men) (4 doctors, 3 nurses, 1 social worker, 2 psychologists).

Held from 13 October 2023 to 30 September 2024.

Student satisfaction level: 4.55/5.00

For the first time, and courtesy of the University of Malaga, a distinction with a diploma and gift was awarded to the best student in the class.

- **Start of the 6th Interdisciplinary Continuing Education Master's Degree in Palliative Care.**

Blended learning. 12 students enrolled (9 doctors, 2 nurses and 1 social worker). It will take place from 11 October 2024 to 30 September 2025.



Opening ceremony for the 6th Master's Degree in Clinical Psychology. Faculty of Psychology. 11 October 2024.



Inaugural lecture. Dr. D. Francisco Cruz Quintana. Univ. Granada.

CONFERENCES

- **I CONFERENCE ON MAGISTRAL FORMULATION:**

Aimed at: Doctors, pharmacists and nurses interested in the use of magistral formulations in complex and advanced chronic patients.

Four scientific meetings, two round tables, two workshops and a series of training sessions were held. The conclusions of the conference were presented during the closing ceremony.

Date: 22 February 2024.

Student satisfaction level: 4.53/5.00

TOTAL: 76 registered participants (57 women and 19 men).

The Andalusian Agency for Healthcare Quality awarded 0.1 credits for each of the round tables and 0.2 credits for each of the pre-conference workshops.



- **INTERNATIONAL COLLABORATIVE SUMMER SCHOOL 2024.** 13 and 14 May 2024
Cudeca Institute for Studies and Research Yusuf Hamied Centre.
With the assistance of professionals from different parts of the world.
Attendee satisfaction level: 4.95/5.00
TOTAL: 47 participants (36 women and 11 men)



TRAINING FOR RESIDENTIAL CARE HOMES / SOCIO-HEALTHCARE

• **Project funded by the Malaga Provincial Council: 'Addressing palliative care needs in residential care homes following the COVID-19 pandemic'** in four residential care homes in municipalities in the province of Malaga:

- o Santa Ana Residential Care Home (Álora)
- o Glorieta de San José Residential Care Home (Arriate)
- o El Buifarán Care Home (Casarabonela)
- o Cuevas de San Marcos Municipal Care Home

These consisted of an online training course on end-of-life care and palliative care, as well as an online consulting service for professionals and a workshop on digital skills for residents.

Professional profile: Doctors, nurses, physiotherapists, psychologists, social workers, occupational therapists and nursing assistants.

It took place from March to July 2024.

Total number of professionals trained: 43 enrolled (41 women and 2 men)

Total number of residents who attended the digital skills workshop: 9 enrolled (7 women and 2 men)



Closing sesión R.Municipal
Cuevas de San Marcos



Digital skills workshop R. Santa Ana

- **Blended learning course: Diploma in Palliative Care at RESIDENCIA SENIOR DE TORRE DEL MAR.**

Blended learning course on end-of-life care for professionals at the Residencia Senior Torre del Mar. Aimed at doctors, nurses, psychologists, social workers and other professionals. The course ran from 17 July to 2 October. 122 hours online and 8 hours in person divided into 2 sessions (17 July and 2 October)

TOTAL: 10 enrolled (9 women and 1 man), only 9 completed the course (8 women and 1 man).

Satisfaction level: 4.5/5.0

- **Workshop on COMMUNICATION AND DECISION-MAKING AT THE END OF LIFE.**

End-of-life workshop for professionals at the Torre del Mar Senior Residence. Aimed at doctors, nurses, psychologists, social workers, and other professionals. Two 5-hour in-person sessions. Sessions on 12 and 17 December.
12 December: 11 attendees (10 women, 1 man).
17 December: 7 attendees (5 women and 2 men).

- **TRAINING ACTIVITIES AIMED AT OBTAINING THE CERTIFICATE OF PROFESSIONALISM IN SOCIAL AND HEALTH CARE FOR PEOPLE WITH DISABILITIES AND/OR IN SITUATIONS OF DEPENDENCY AT HOME AND IN SOCIAL INSTITUTIONS**

Blended learning, aimed at unemployed people who are particularly vulnerable. Subsidised by the Ministry of Education and Vocational Training and carried out in collaboration with the Juan Cruzado Vertice Salud Foundation.
It began on 7 October 2024 and will end in 2025.
During the 2024 quarter, face-to-face training activities were carried out.
41 students completed the course (37 women and 4 men).

ONLINE TRAINING COURSES

- **CUDECA FOUNDATION DIPLOMA IN PALLIATIVE CARE.**

9th edition: From 5 February 2024 to 28 April 2024. 10 participants. Satisfaction rating: 4.1/5.0

10th edition: 13 May to 4 August 2024. Satisfaction rating: 4.0/5.0

11th edition: 16 September to 8 December 2024. Satisfaction rating: 4.6/5.0

Aimed at doctors and nurses in primary care, hospital care services or residential services. Psychologists and social workers in the health field. Other social and health

professionals involved in palliative care, who care for people with advanced and/or terminal chronic diseases and/or their families.

Total number of professionals trained: 14 registered (14 women)

- **CARE FOR PATIENTS WITH AMYOTROPHIC LATERAL SCLEROSIS (ALS) – 7TH EDITION.**

Date: 19 February to 14 April 2024.

TOTAL: 4 participants (3 women and 1 man). Satisfaction rating: 2.0/5.0

- **VI APPROACH TO PAIN IN PATIENTS WITH CHRONIC DISEASES.**

Medical and nursing professionals. From 24 June to 4 August 2024.

TOTAL: 1 registration (1 woman)

- **IV COURSE ON END-OF-LIFE CARE AND SUPPORT.**

For individuals who wish to support and care for others with advanced and terminal illnesses. From 7 October to 1 December 2024. TOTAL: 2 registrations (2 women)

IN-PERSON TRAINING:

- **WORKSHOP ON PALLIATIVE CARE AND END-OF-LIFE CARE FOR WORKERS AT THE MALAGA RED CROSS ALZHEIMER'S DAY CENTRE.**

Workshop aimed at workers (nurses, assistants, occupational therapists, geriatric nurses, volunteers) at the Malaga Red Cross Alzheimer's Day Centre.

15 June 2024. 20 attendees (13 women and 7 men)

Satisfaction level: 4.8 / 5.0

- **INTERMEDIATE COURSE IN PALLIATIVE CARE MALAGA-GUADALHORCE HEALTH DISTRICT.**

Advanced training in palliative care for nurses and doctors in the Malaga-Guadalhorce health district. 10-hour course. 27 and 28 November 2024.

TOTAL: 12 registered.

- **COURSE AT THE NURSING COLLEGE: ASSESSMENT AND TREATMENT OF ULCERS IN PATIENTS WITH PALLIATIVE NEEDS**

Course aimed at registered nurses in the province of Malaga on the assessment and treatment of tumour ulcers.

10 December 2024.

Satisfaction level: 4.7 / 5.0

Accredited by the Andalusian Health Quality Agency with 0.65 credits.

TOTAL: 9 enrolled (9 women).

VISITS

- **VISIT/TRAINING DAY FOR 4TH YEAR NURSING STUDENTS FROM THE UNIVERSITY OF ALMERÍA**

Visit to the Cudeca Foundation by 4th year nursing students from the University of Almería and workshop on end-of-life care.

22 and 29 November 2024. 3 hours each day.

Number of attendees: 120 students.

BLENDED LEARNING:

- **CUDECA NURSING PROGRAMME**

Funded entirely by the Yusuf and Farida Hamied Foundation, its objective is to develop a training, innovation and research programme to promote and implement palliative and end-of-life nursing care internationally, following the CUDECA philosophy of care for patients with advanced serious illnesses and their families.

Aimed at registered nurses in the province of Malaga. From 25 November to 20 December. Attendee satisfaction level: 4.80/5.00

TOTAL: 27 registrations (24 women and 3 men).



TRAINING STAYS IN PALLIATIVE CARE

Rotation programme for professionals interested in the hospice model for caring for terminally ill patients and their families

- **MINI CUDECA EXPERIENCE programme.**

Duration: 1 week. From 15 to 19 January 2024. 1 economist from Barcelona and 3 nurses from Murcia.

Attendee satisfaction level: 5.0/5.0

TOTAL: 4 registered. (4 women)



- **CUDECA EXPERIENCE Programme.**

Duration: 1 month. From 30 September to 25 October.

Three doctors: from Barcelona, Portalegre (Portugal) and San Salvador (El Salvador).

Attendee satisfaction rating: 4.87/5.00

TOTAL: 3 participants. (3 women)

PROFESSIONAL ROTATIONS

Total: 75 professionals

The origin of the students was as follows:

- 7 Undergraduate Training: 2 Nursing Degrees, 3 Psychology, 1 Social Work and 1 Physiotherapy.
- 58 Postgraduate training:

RESIDENTS:

49 professionals

- 30 Family and Community Medicine Residents
- 2 Oncology Residents

- o 1 Internal Medicine Resident
- o 1 Pulmonology Resident).
- o 15 Residents specialising in Family and Community Nursing.

MASTER'S/POSTGRADUATE:

9 students

- CP CUDECA Master's: 2 doctors, 1 nurse, 1 psychologist, 1 social worker
- ICO POSTGRADUATE: 3 doctors, 1 nurse
- 1 Training stay Professionals who come to do a private stay with our professionals: 1 social worker.
- 2 Professional internships: 2 nursing assistants.

CUDECA EXPERIENCE:

7 professionals

- Mini Cudeca Experience: 3 nurses and 1 economist
- Normal Cudeca Experience: 3 doctors

Countries/cities of origin:

Argentina, Chile, Colombia, Cuba, El Salvador, Portugal and Spain: Andalusia (Malaga, Almeria), Catalonia, Murcia, Basque Country (Bilbao).

SUMMARY:

550 professionals trained (475 theoretical training and 75 practical or theoretical-practical training).

17 training activities:

- 2 postgraduate courses
- 2 conferences (1 national and 1 international)
- 12 courses (online, blended and face-to-face)
- 1 visit/workshop

Average level of satisfaction with the training: 4.3/5

Training placements: 75 professionals

- 49 resident doctors and nurses.
- 9 postgraduate placements (Master's degree)
- 7 undergraduate students
- 7 Cudeca Experience students (1 mini and 1 normal)

- 2 social and healthcare students.
- 1 external rotation

Level of satisfaction with placements: 4.5 / 5