



---

# CARE REPORT 2019

# CUDECA CARING PROGRAMMES

# Our values since 1992:

## **Excellence**

A special kind of caring for patients with cancer and other advanced and terminal illnesses, and their families, faithful to the philosophy of Palliative Care.

## **Solidarity**

Commitment to the needs of society, within the scope of the founding mission.

## **Respect and Integrity**

For our relationship with people and institutions (patients, families, volunteers, employees, suppliers, collaborators, donors, sponsors, funders).

## **Transparency**

To ensure that our community is aware of how our founding mission is being fulfilled, and how resources are being managed.



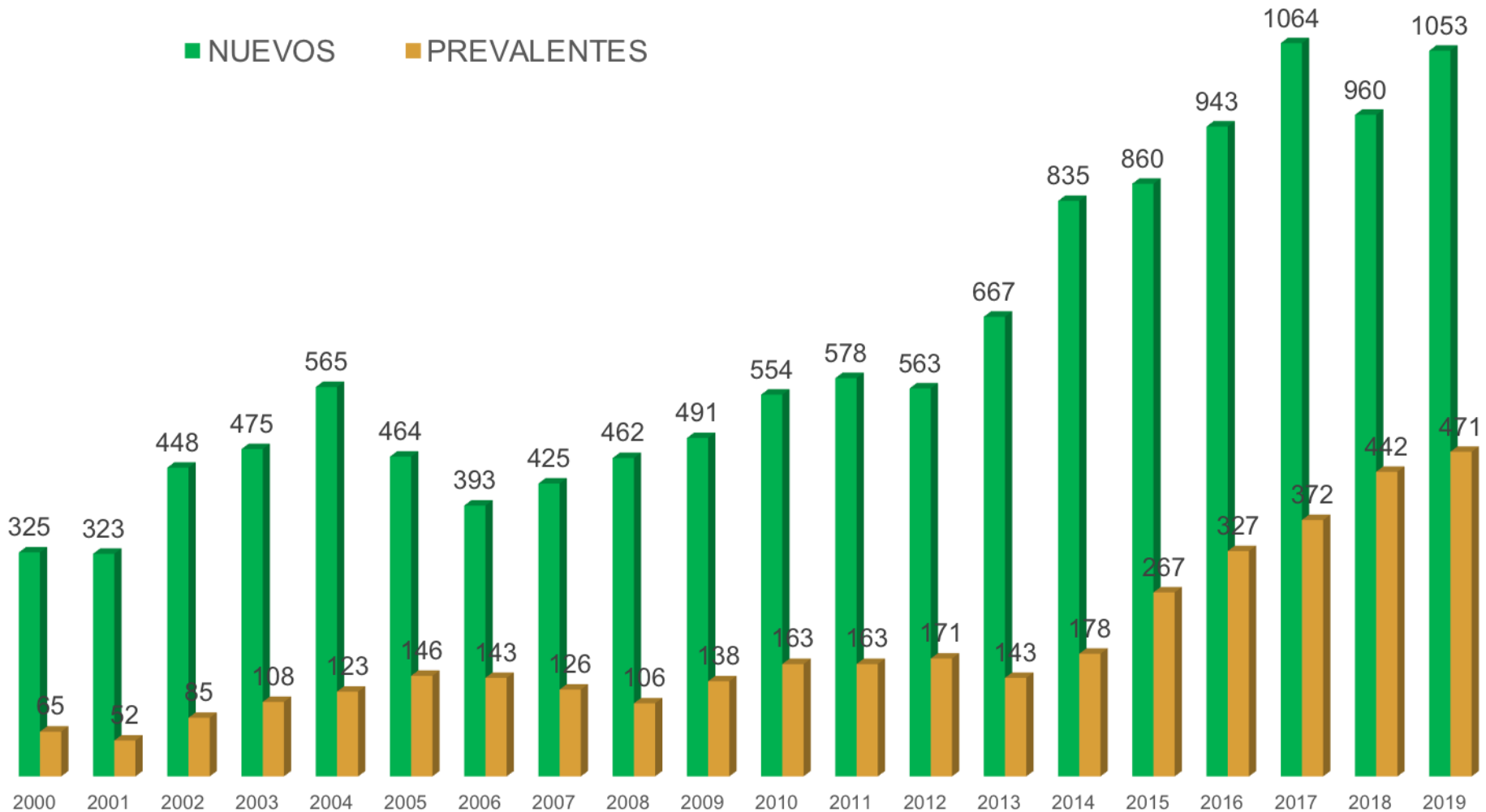
*We cannot add days to life,  
but we try to add life to days,  
through our ...*

*Special kind of caring.*

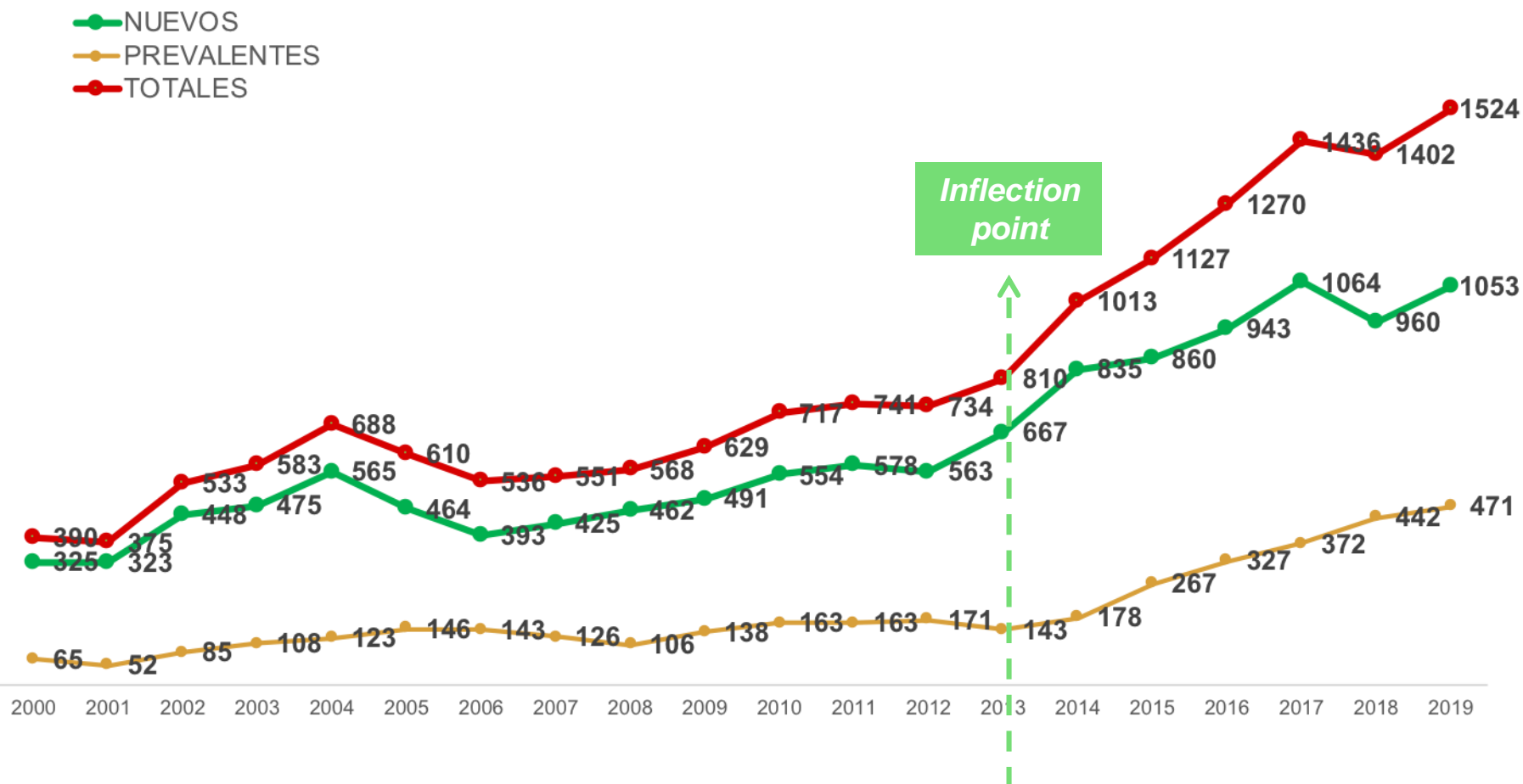
# CARING PROGRAMMES

1. Home Care Programme
2. In-Patient Unit
3. Day Care
4. Rehabilitation & Physiotherapy Unit
5. Psychological and Social Care Programme
6. Counselling Programme

# Progression of number of patients

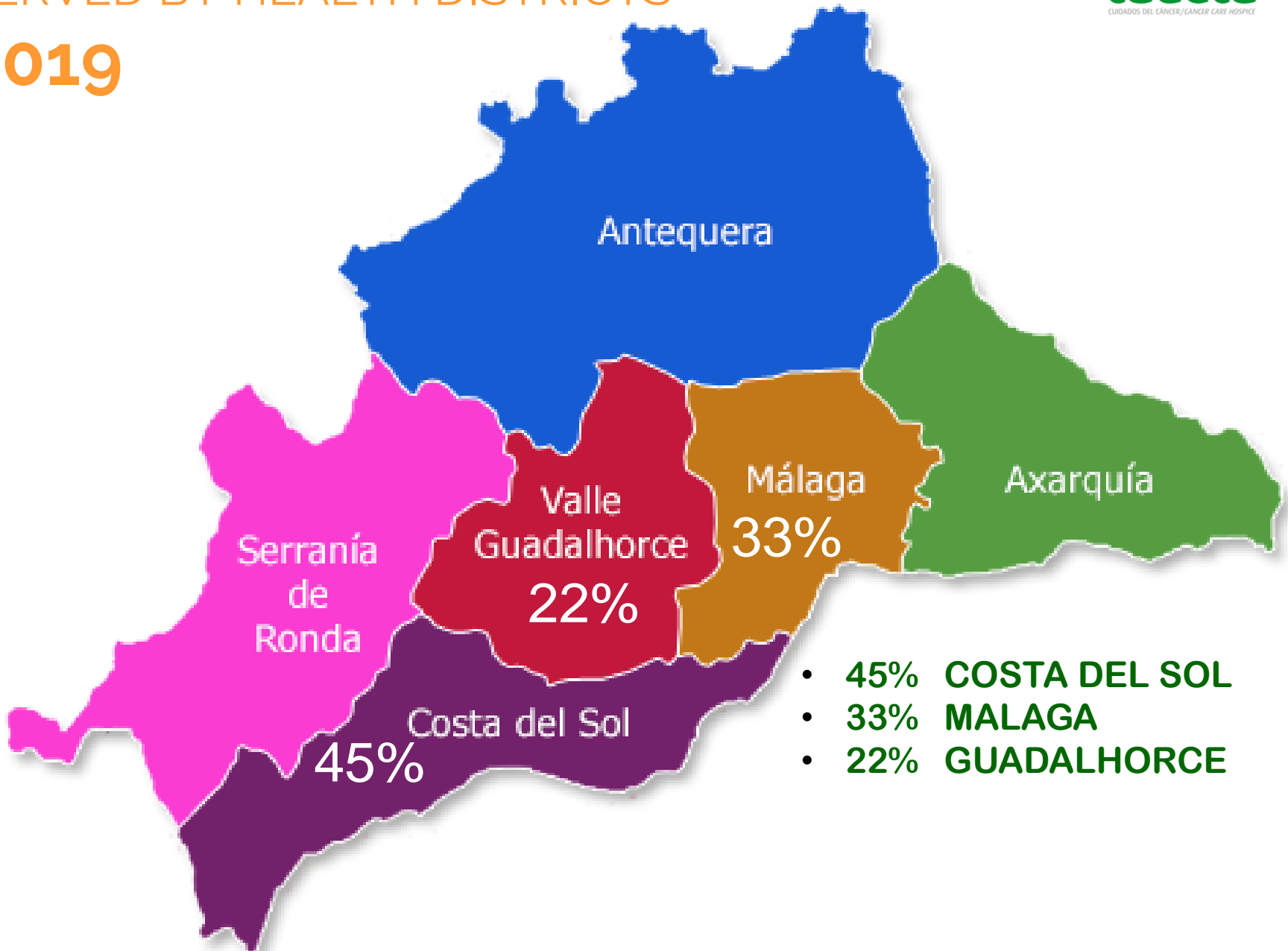


# Progression of the total number of patients



# % OF TOTAL PATIENTS SERVED BY HEALTH DISTRICTS

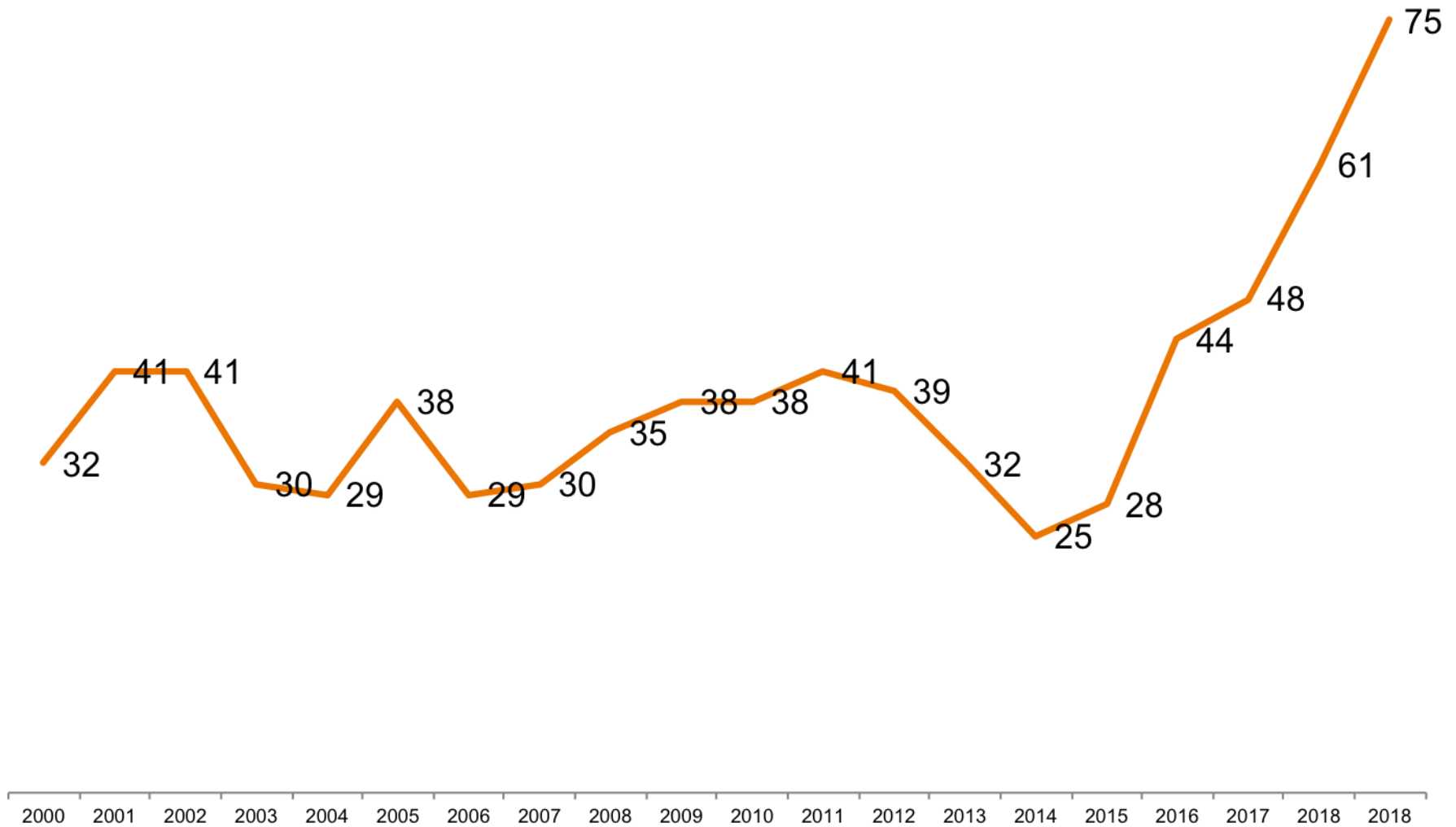
## 2019



# Indicators of stay in the Cudeca Programme

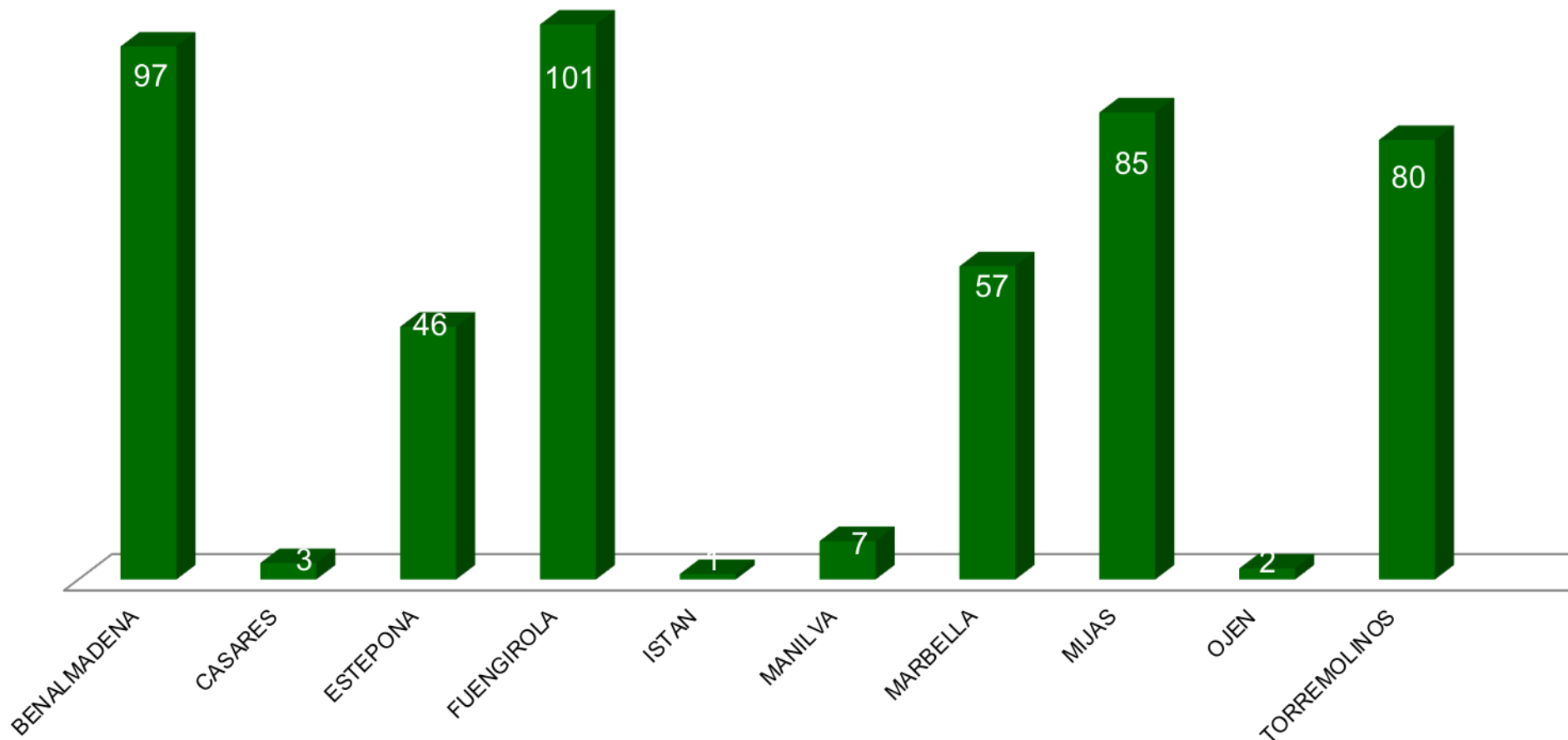
	<i>2017</i>	<i>2018</i>	<i>2019</i>
<b>Average</b>	<b>81,0</b>	<b>121,3</b>	<b>140,2</b>
<b>Medium</b>	<b>48,0</b>	<b>61,0</b>	<b>75,0</b>
<b>Mode</b>	<b>11,0</b>	<b>14,0</b>	<b>22,0</b>
<b>Standard variation</b>	<b>86,1</b>	<b>174,1</b>	<b>184,4</b>
<b>Range</b>	<b>603,0</b>	<b>1981,0</b>	<b>1805,0</b>
<b>Minimum</b>	<b>0,0</b>	<b>0,0</b>	<b>0,0</b>
<b>Maximum</b>	<b>603,0</b>	<b>1981,0</b>	<b>1805,0</b>

# MEDIAN SURVIVAL RATE IN HCP



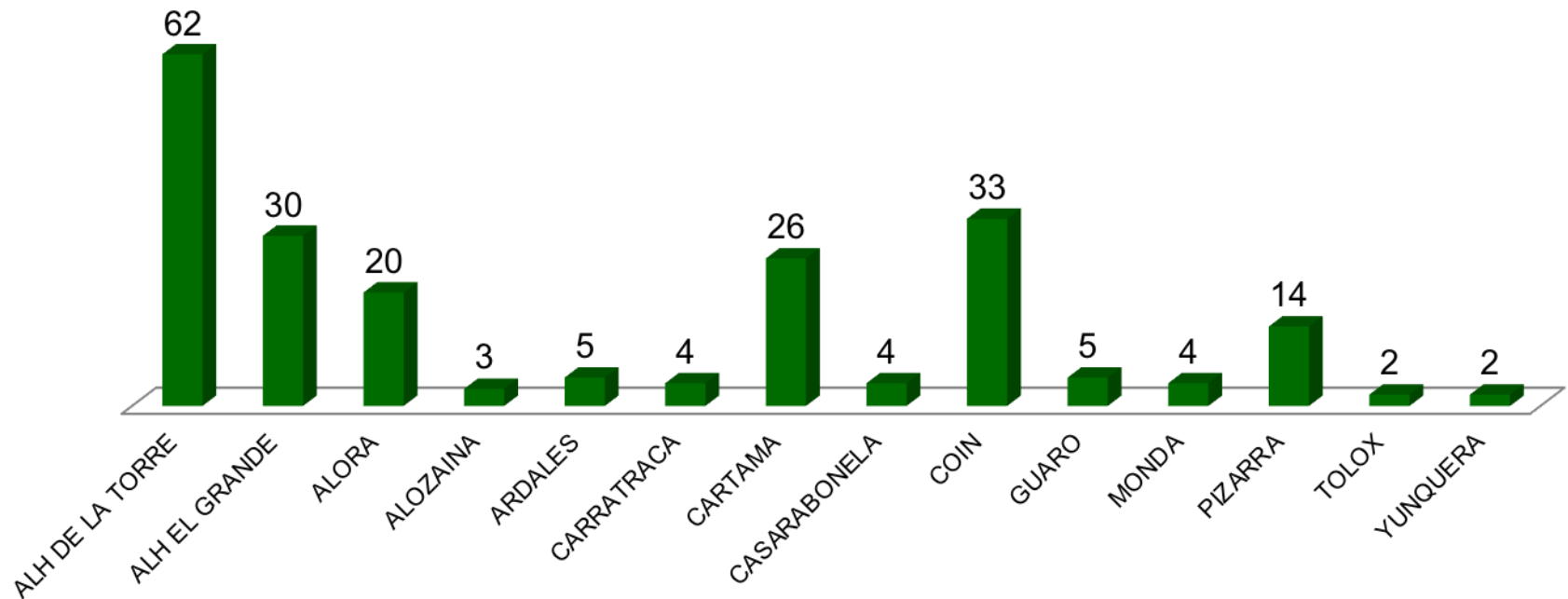
# Number of new patients per municipality **Costa del Sol** **Sanitary District** **2019**

**479**  
new patients



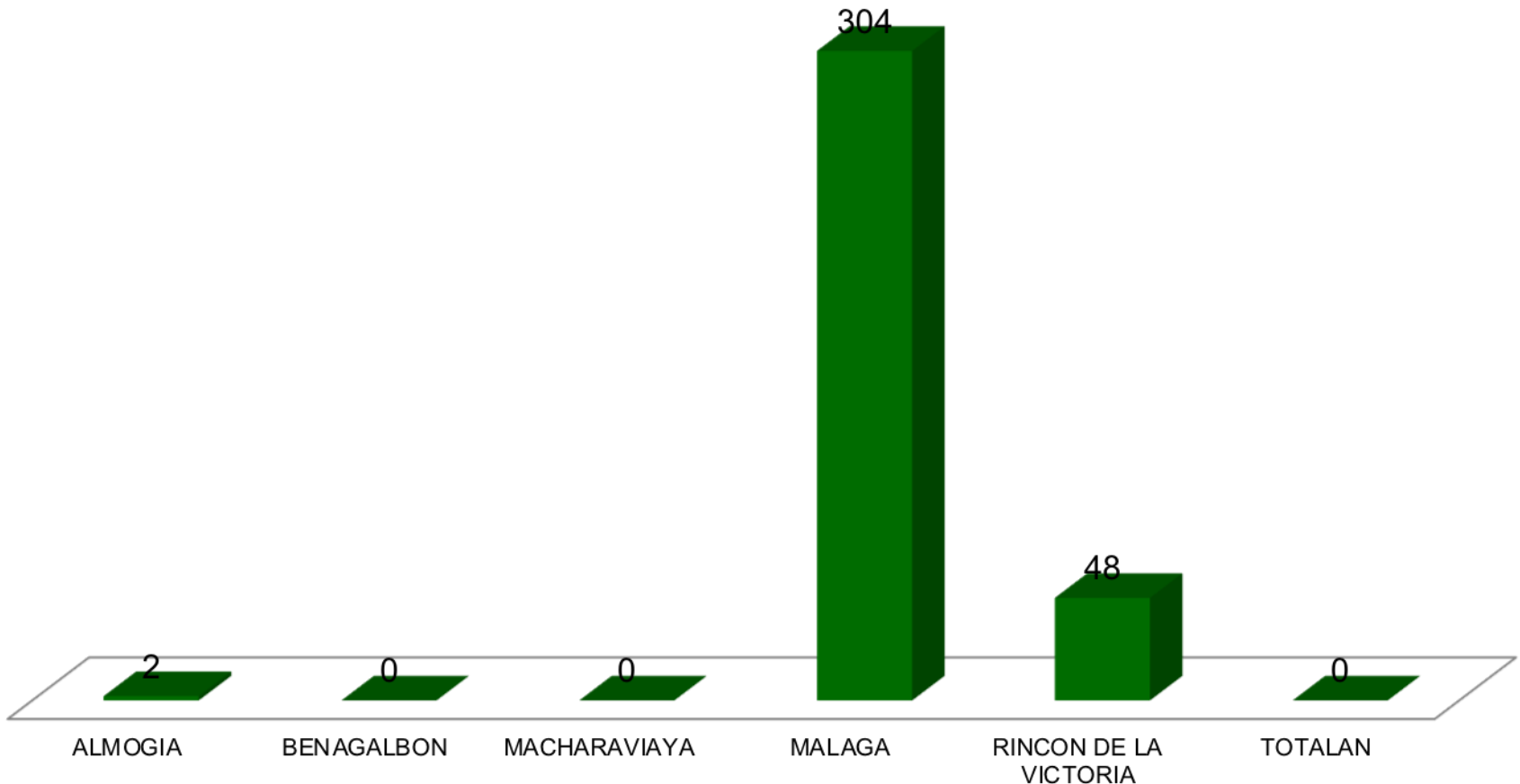
# Number of new patients per municipality **Guadalhorce** **Sanitary District** **2019**

**214**  
new patients



# Number of new patients per municipality **Malaga** **Sanitary District** **2019**

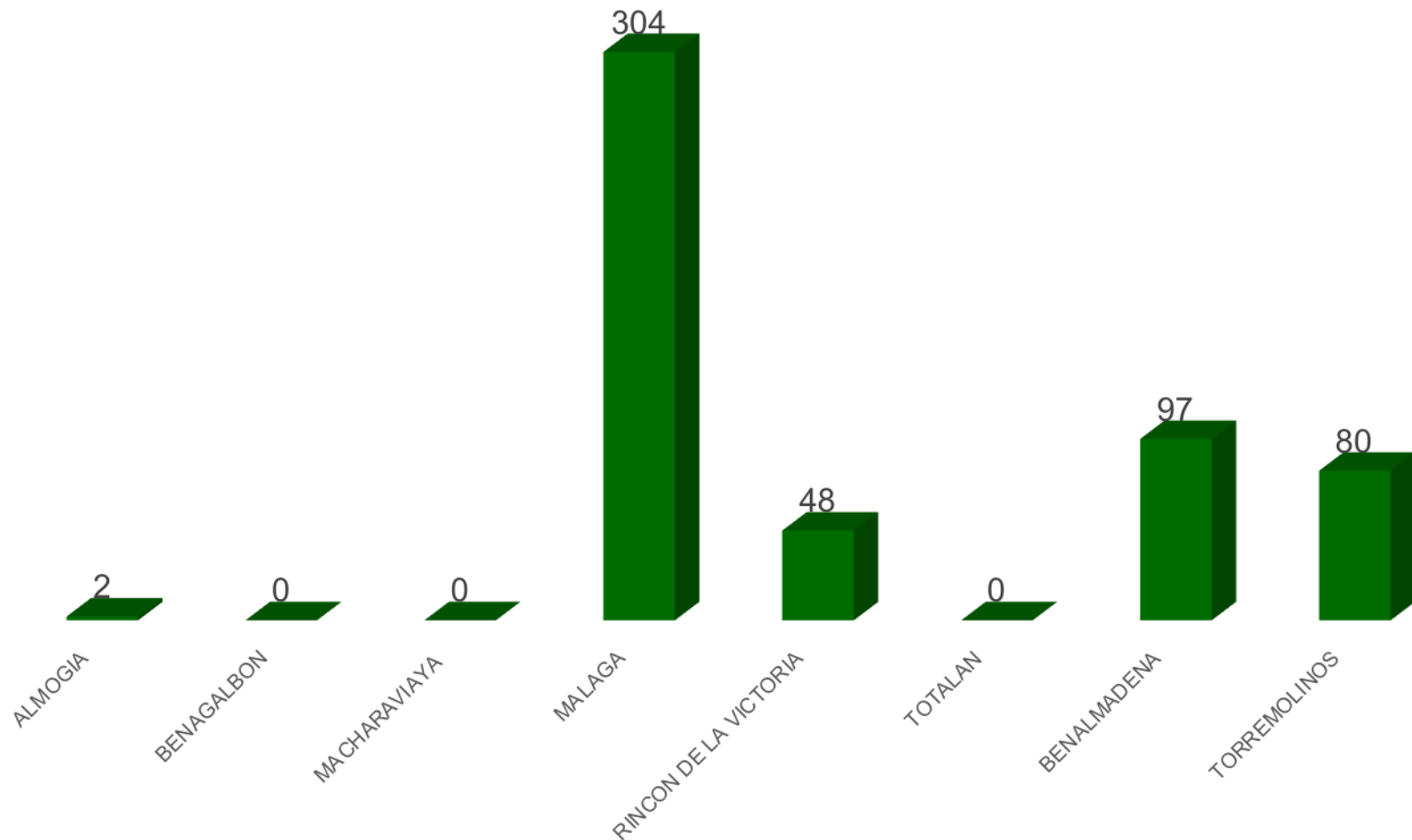
**354**  
new patients



**516**  
ptes nuevo

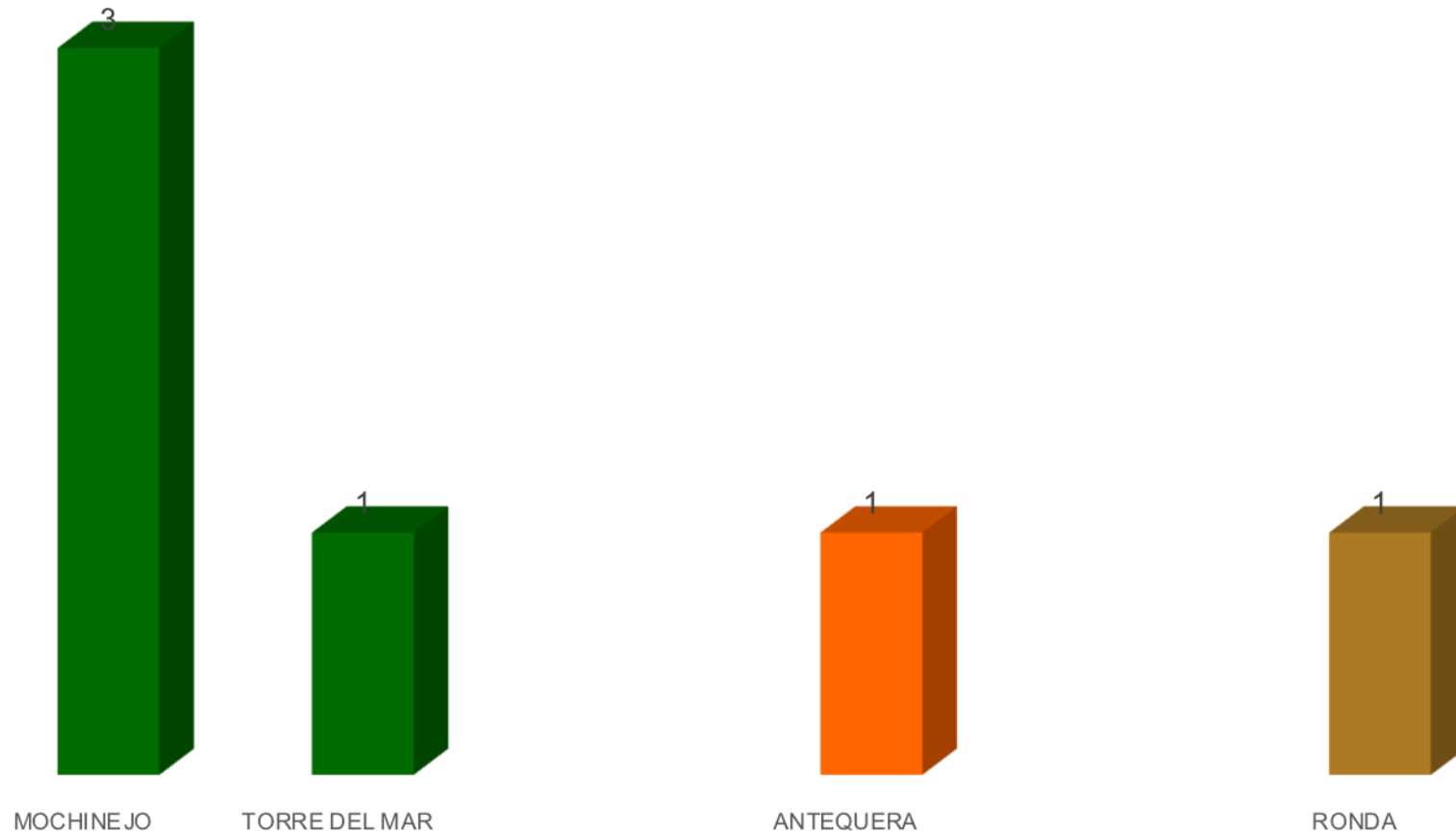
# Number of new patients per municipality **Malaga Health District 2019**

(Benalmadena & Torremolinos)

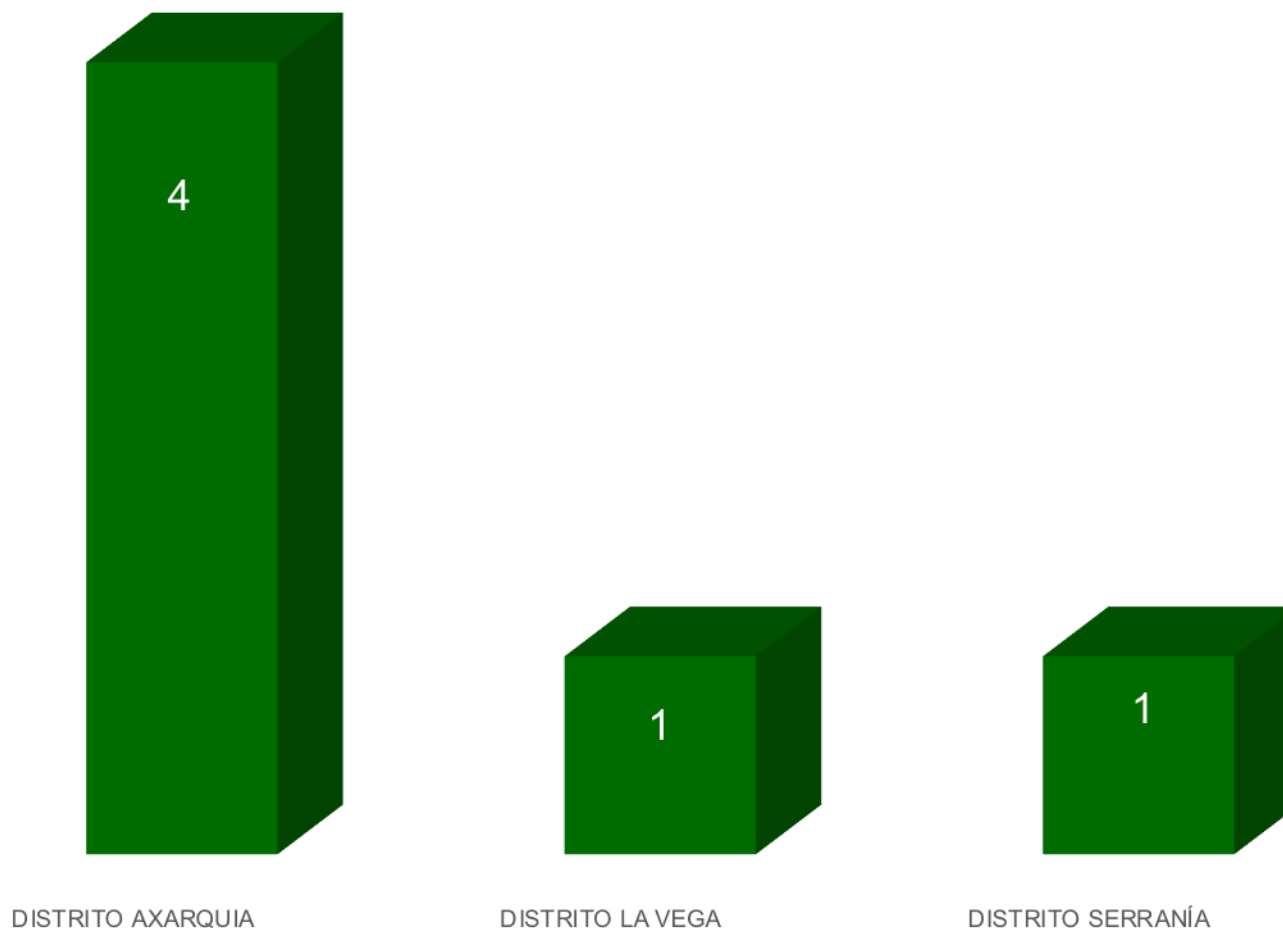


# Number of new patients per municipality **Velez, Serrania, La Vega Health District** 2019

**6**  
new patients

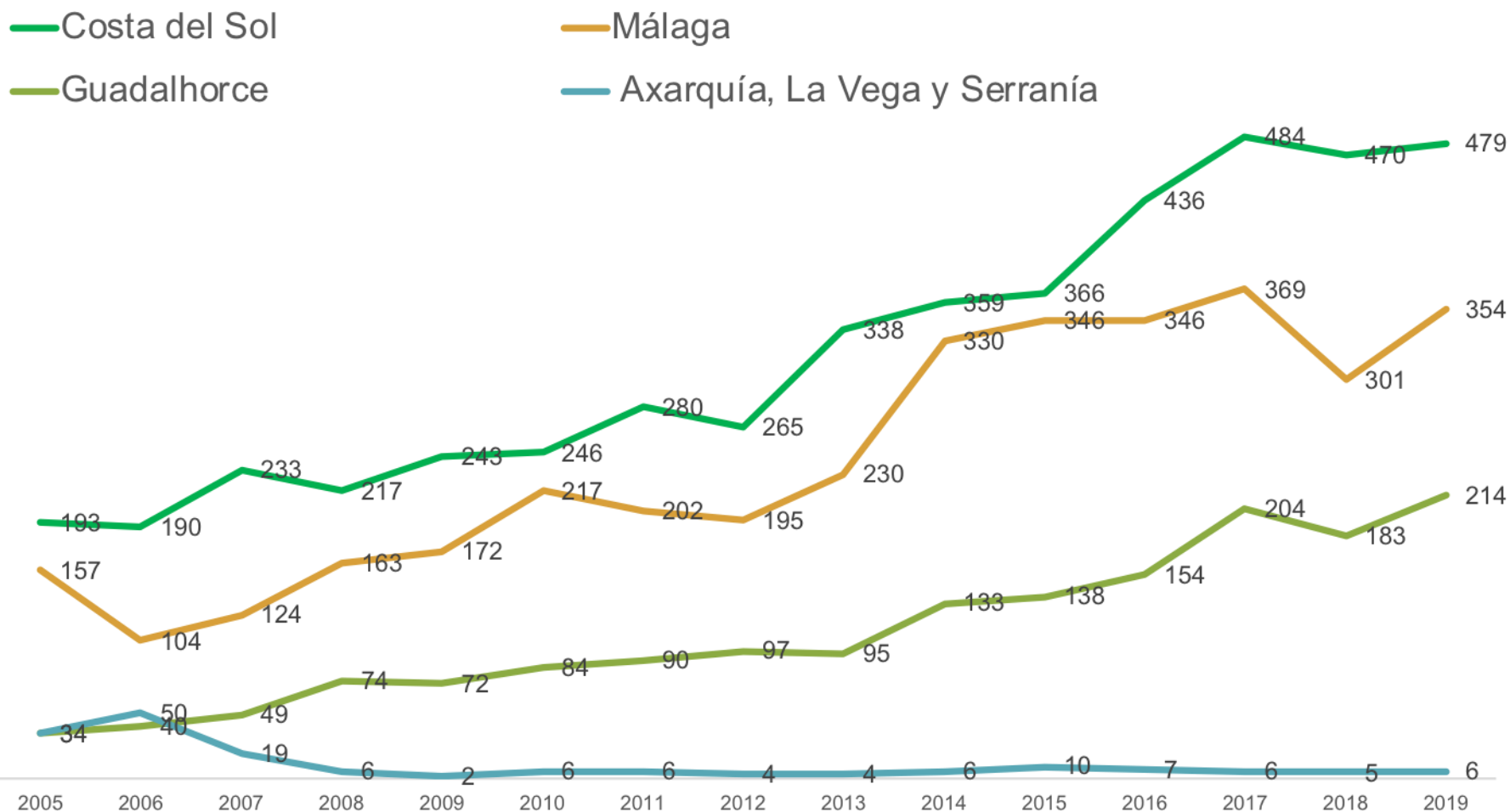


# Number of new patients per municipality **Velez, Serrania, La Vega Health District** 2019



**6**  
new patients

# Progression of patients in HCP by residence

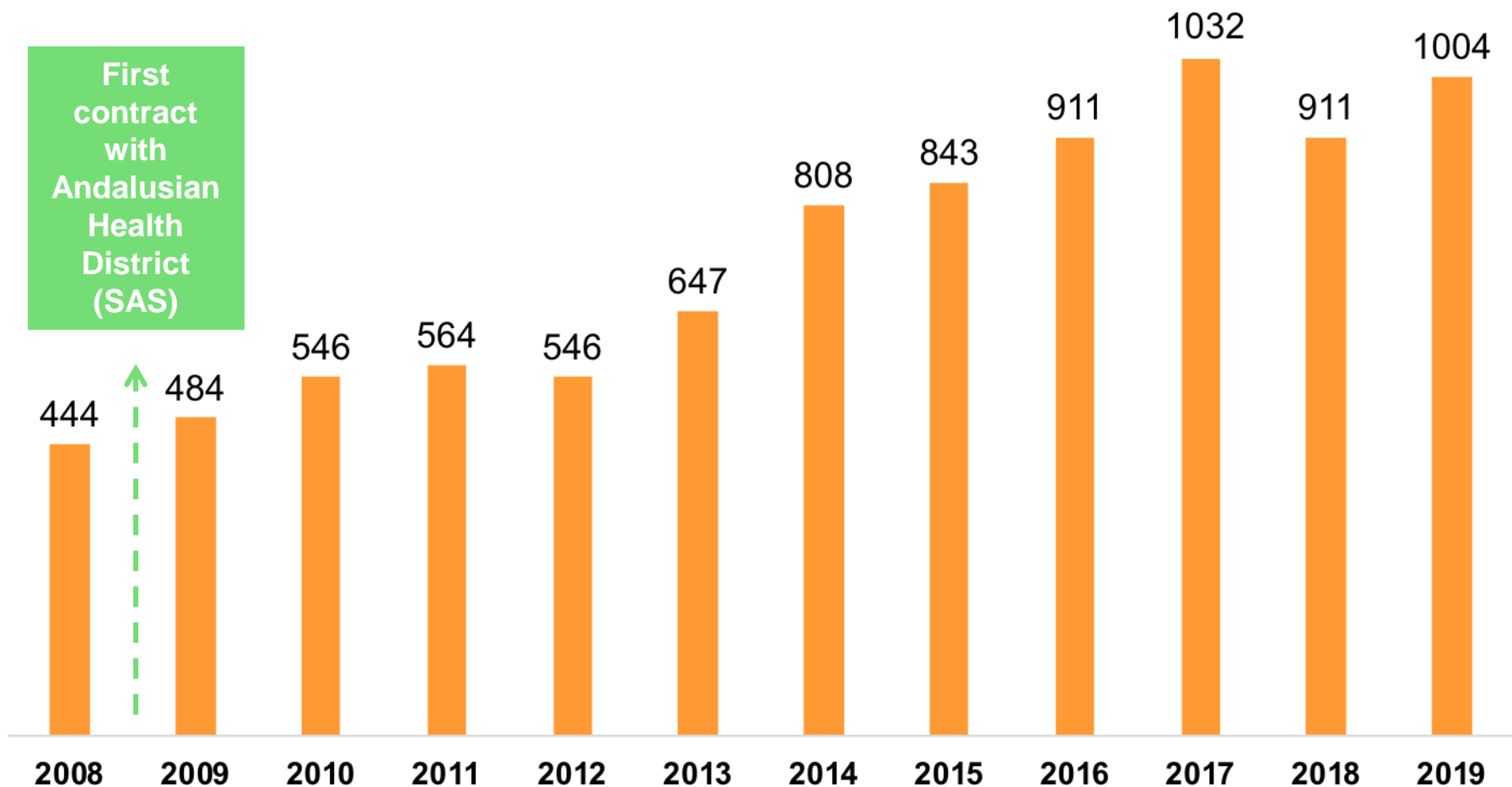


1.

# CARING PROGRAMMES

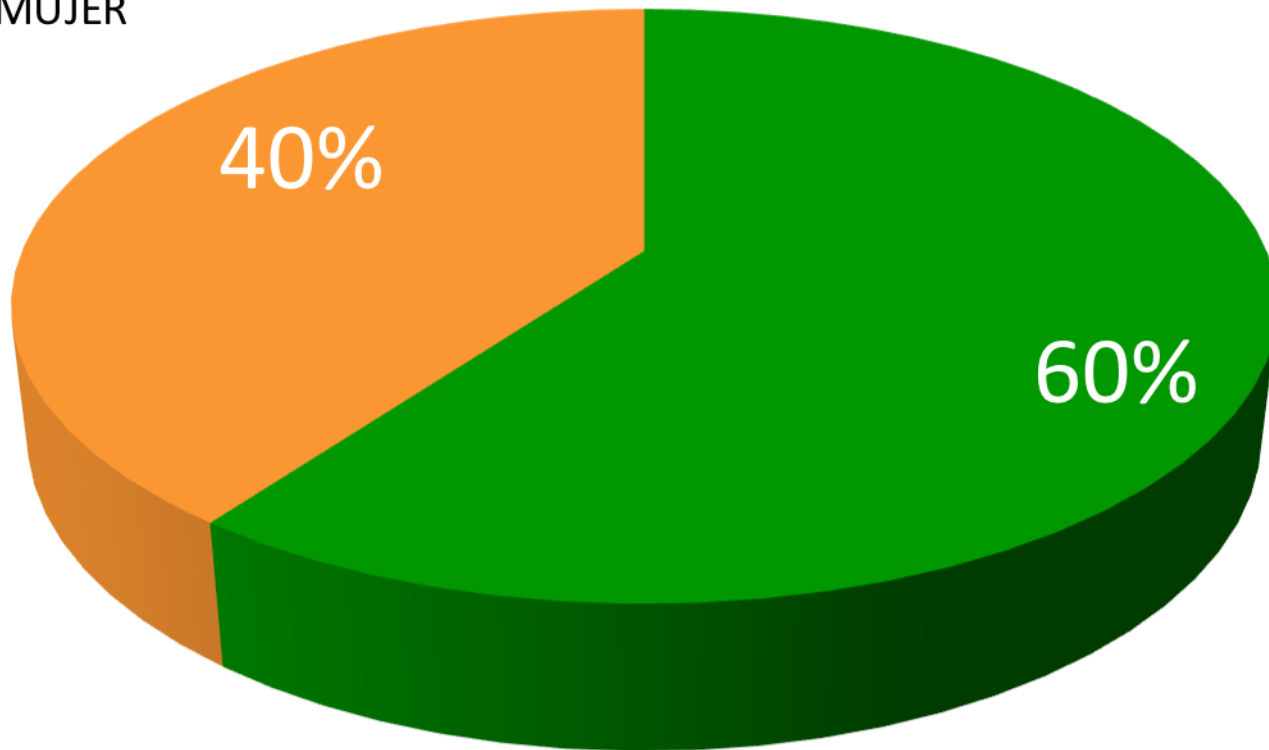
## HOME CARE PROGRAMME

# Progression of new patients in Home Care Programme HCP

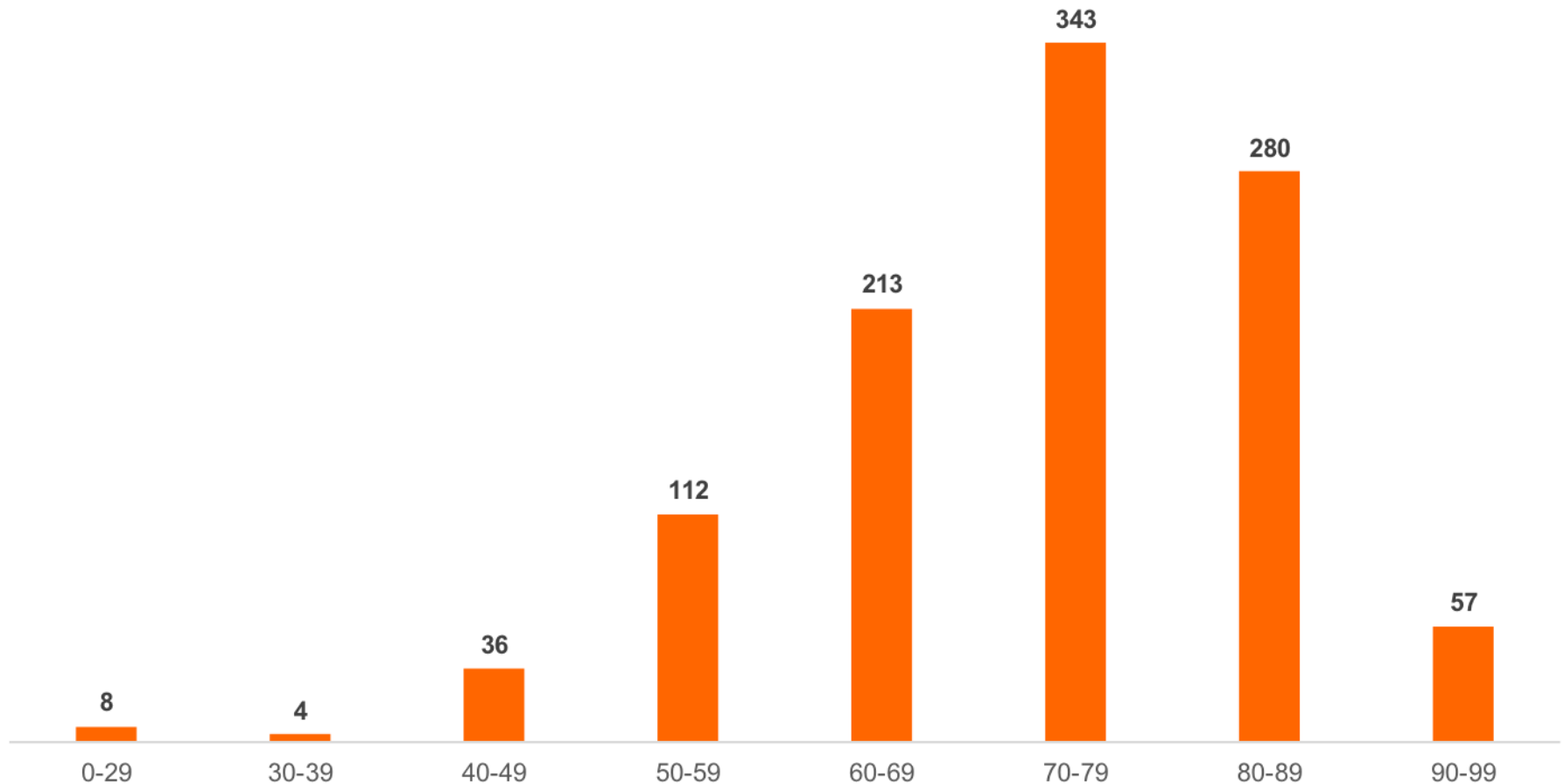


# 2019 Distribution of patients in HCP by gender

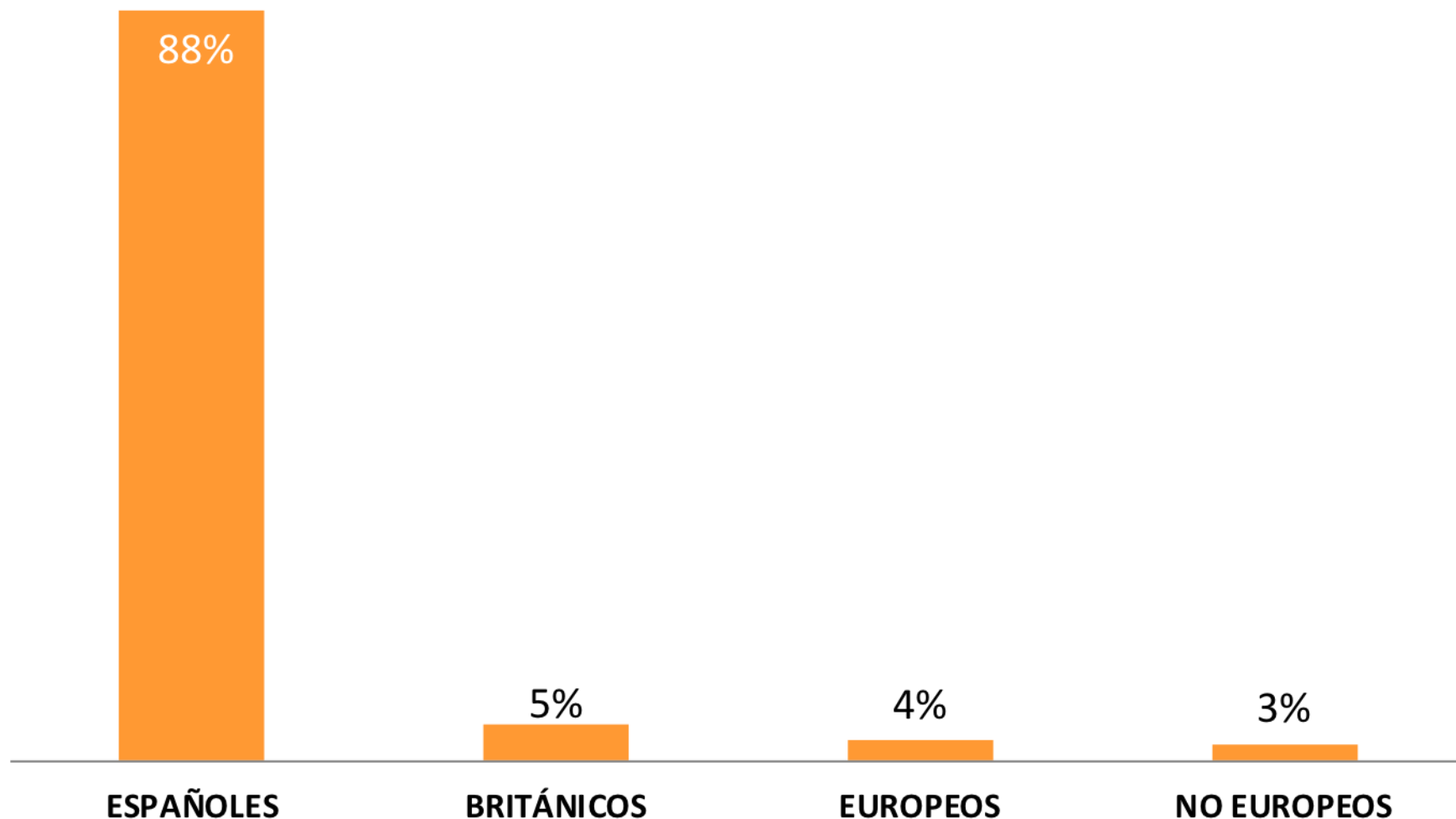
■ HOMBRE  
■ MUJER



# 2019 Distribution of patients in HCP by age



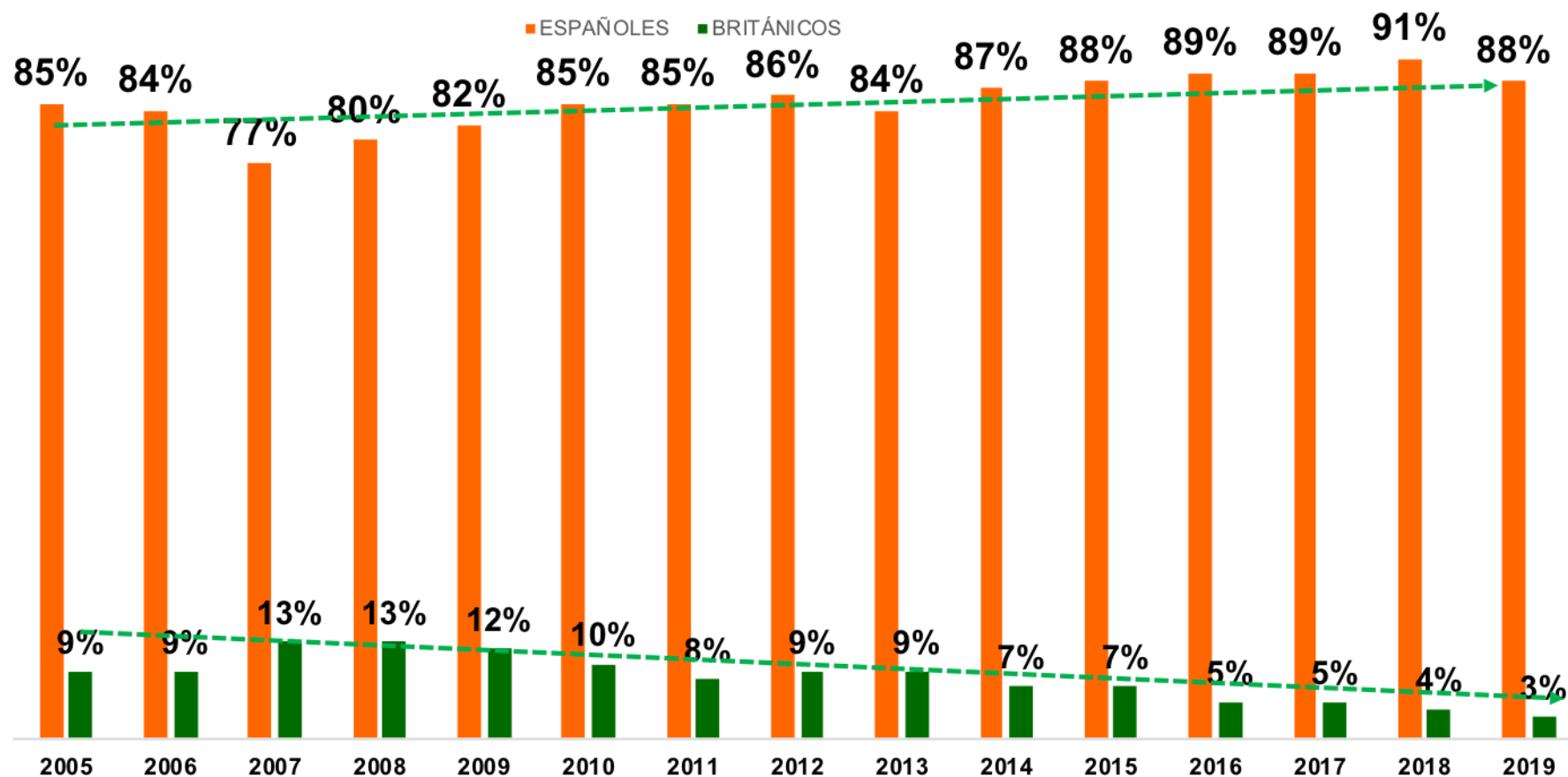
# 2019 Distribution of patients in HCP by nationality



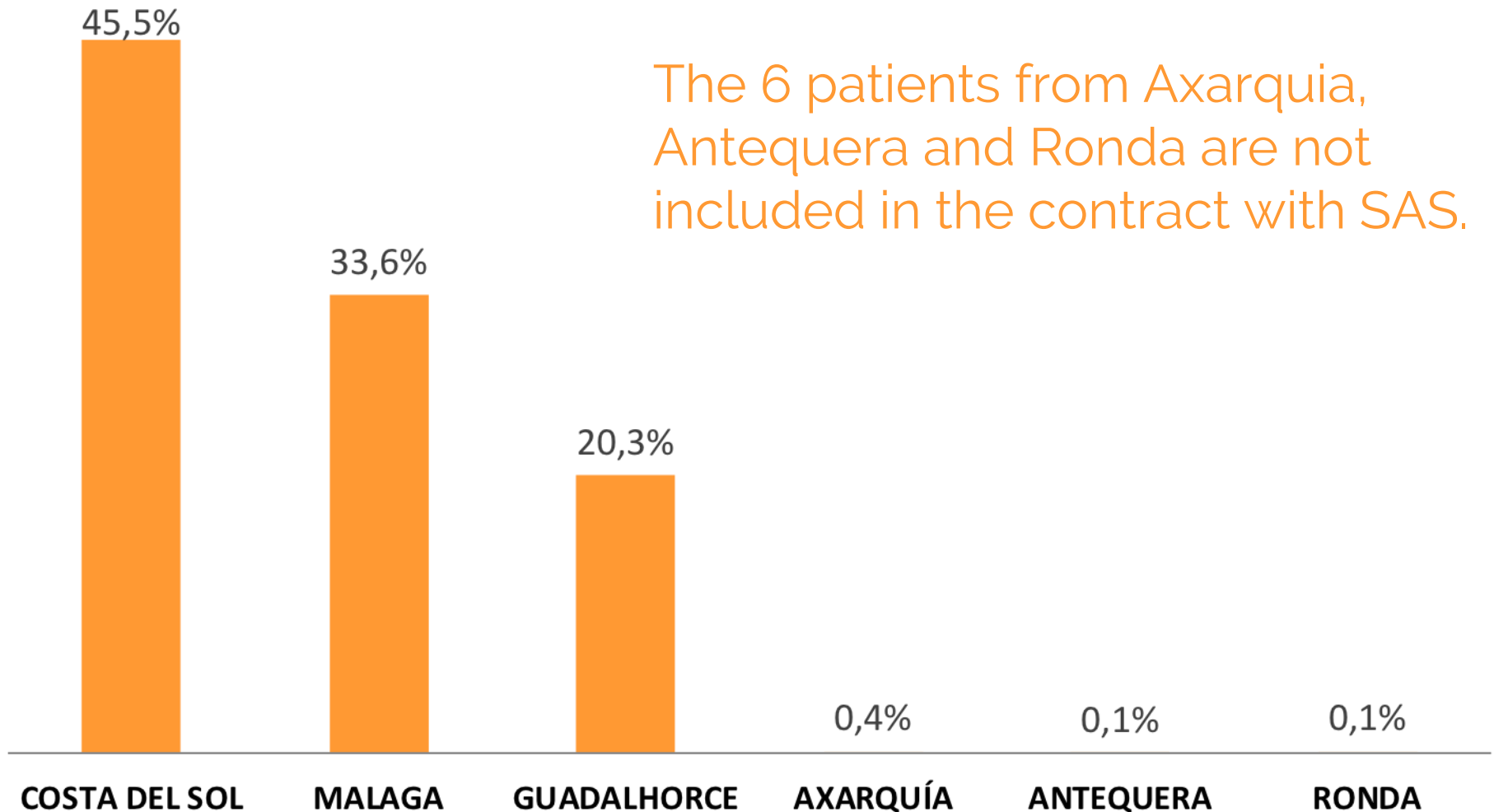
# Patient trend in HCP by nationality 2019

Average of **92%** Spanish & **9%** British

Last 3 years average, **89,3%** Spanish & **4%** British



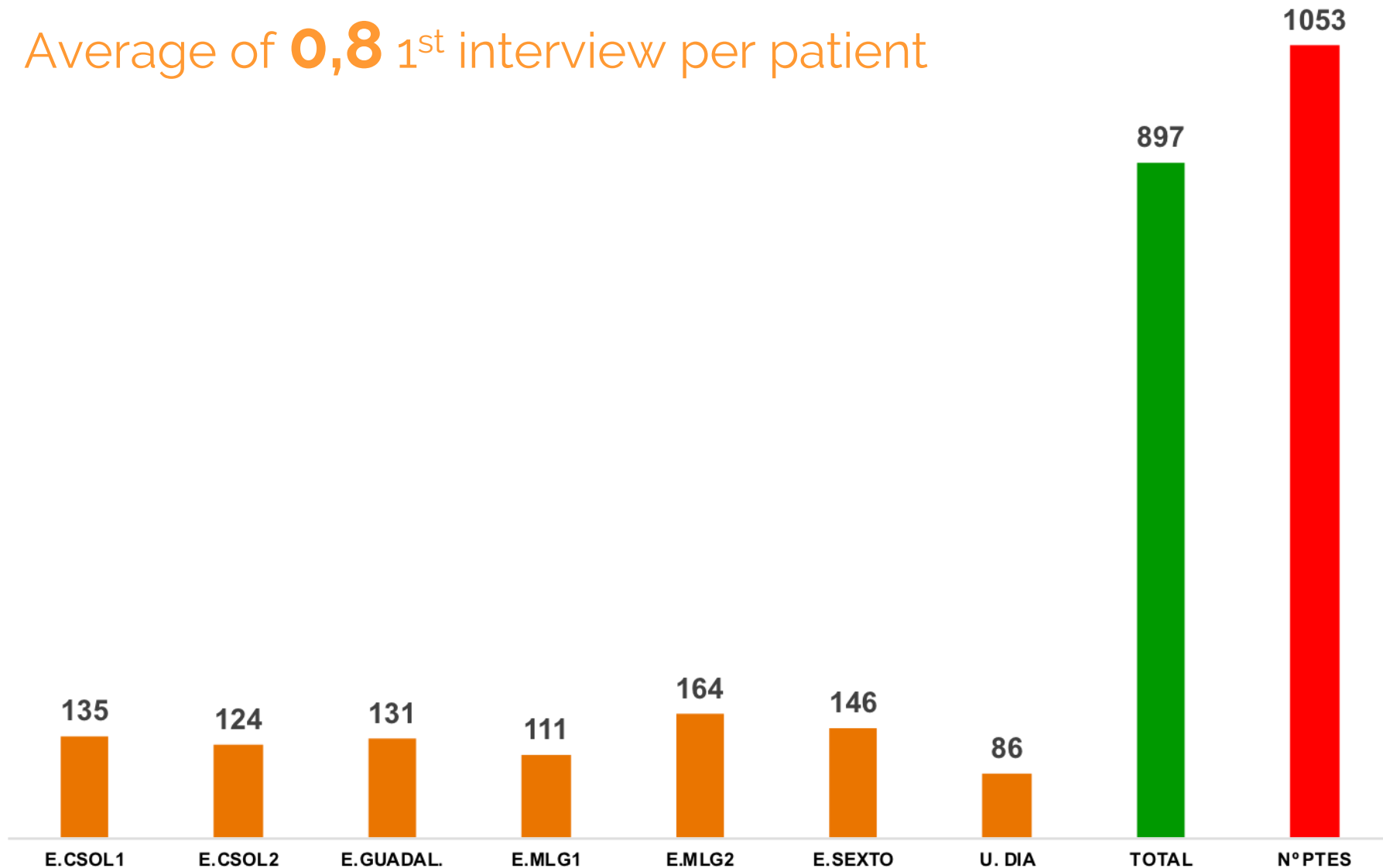
# 2019 Distribution of patients in HCP by residency



# 2019 HCP INTERVENTIONS

## 1<sup>st</sup> Interview

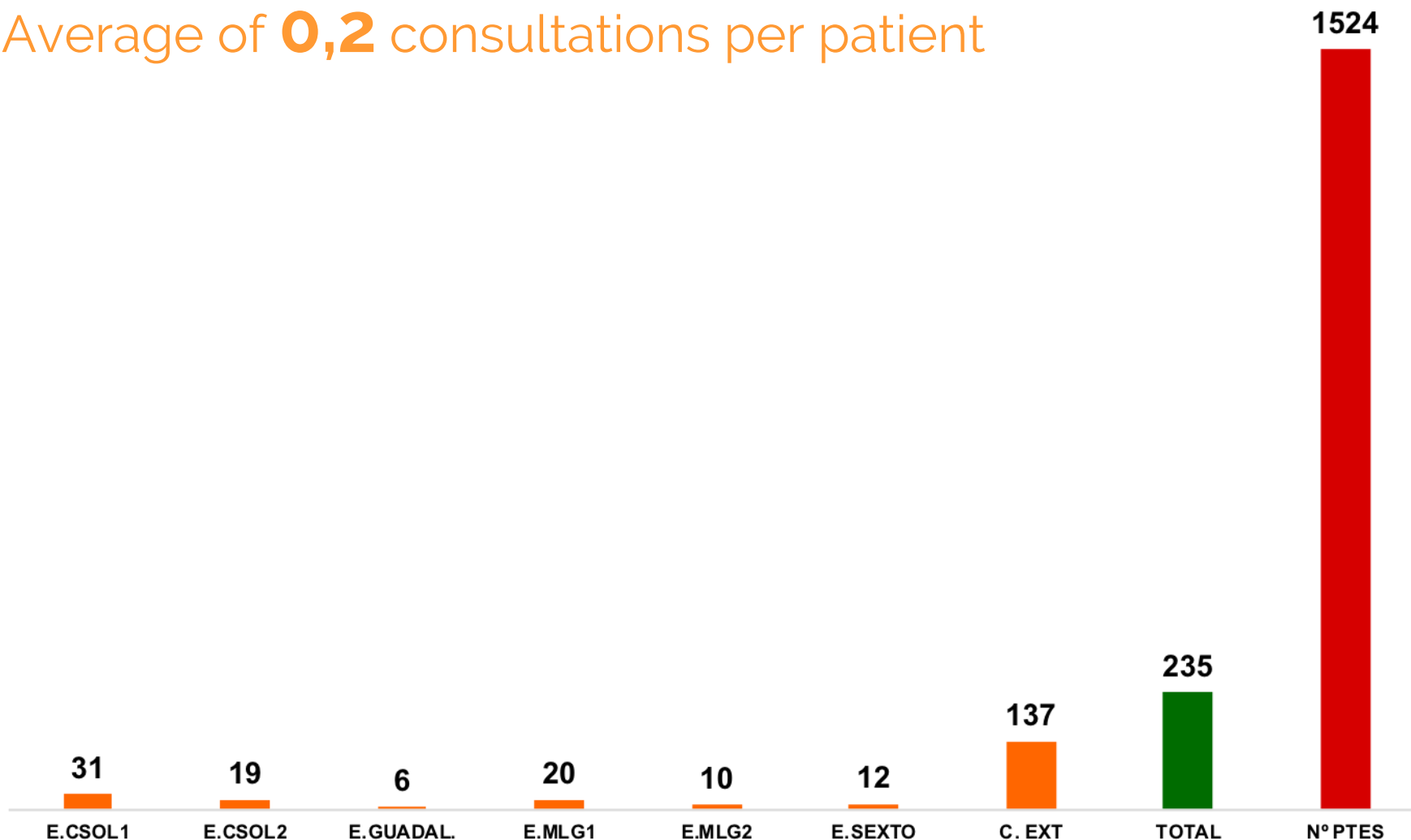
Average of **0,8** 1<sup>st</sup> interview per patient



# 2019 HCP INTERVENTIONS

## Consultation

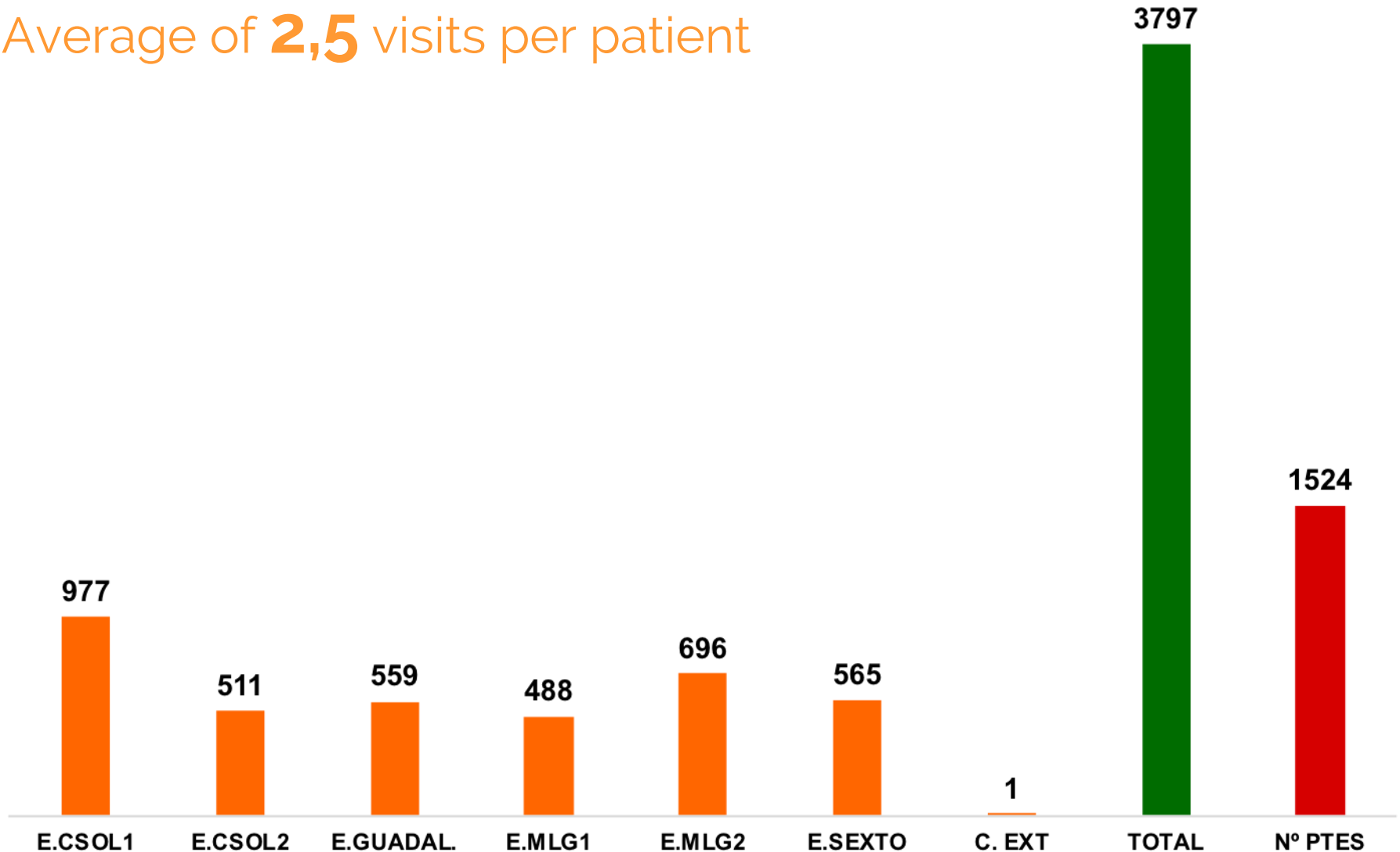
Average of **0,2** consultations per patient



# 2019 HCP INTERVENTIONS

## Visits

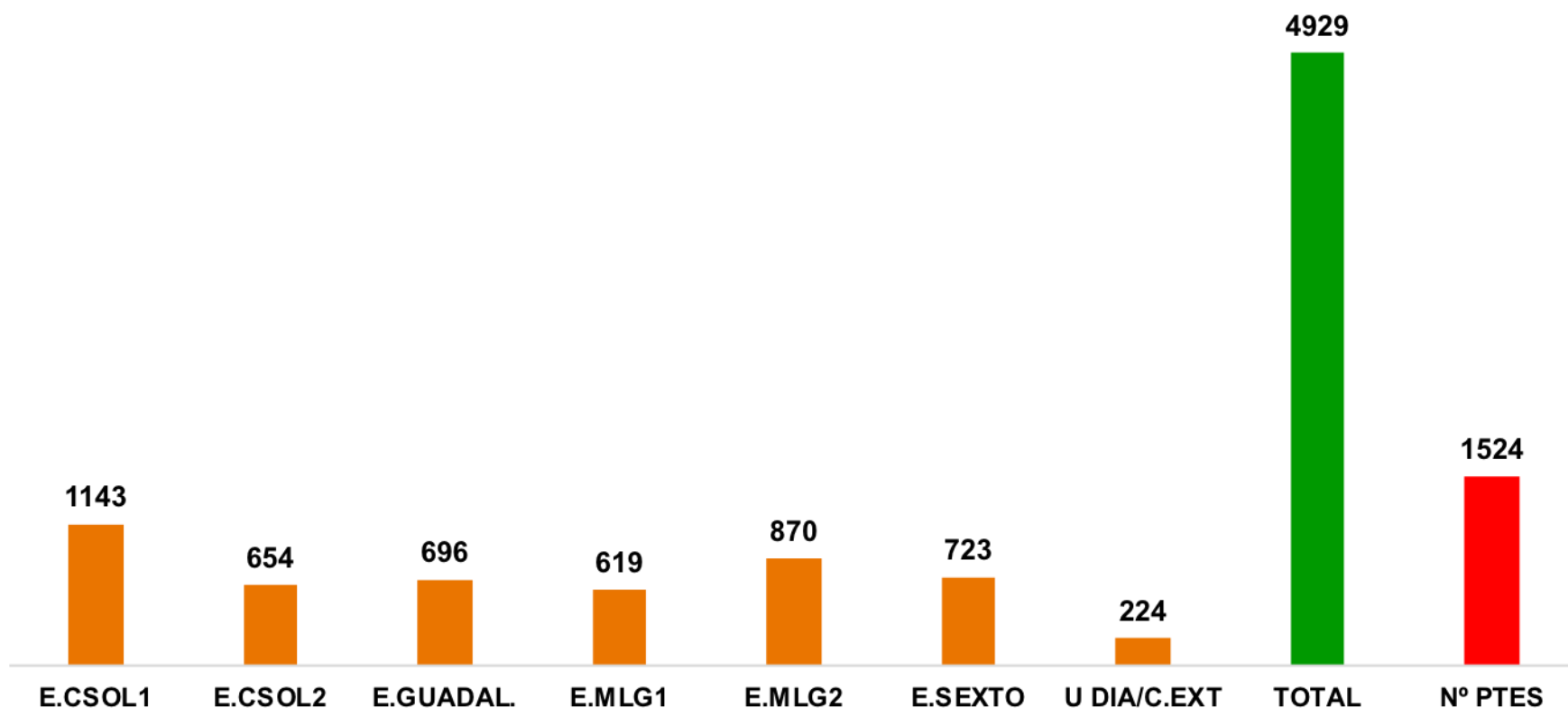
Average of **2,5** visits per patient



# 2019 HCP INTERVENTIONS

## Visits in person

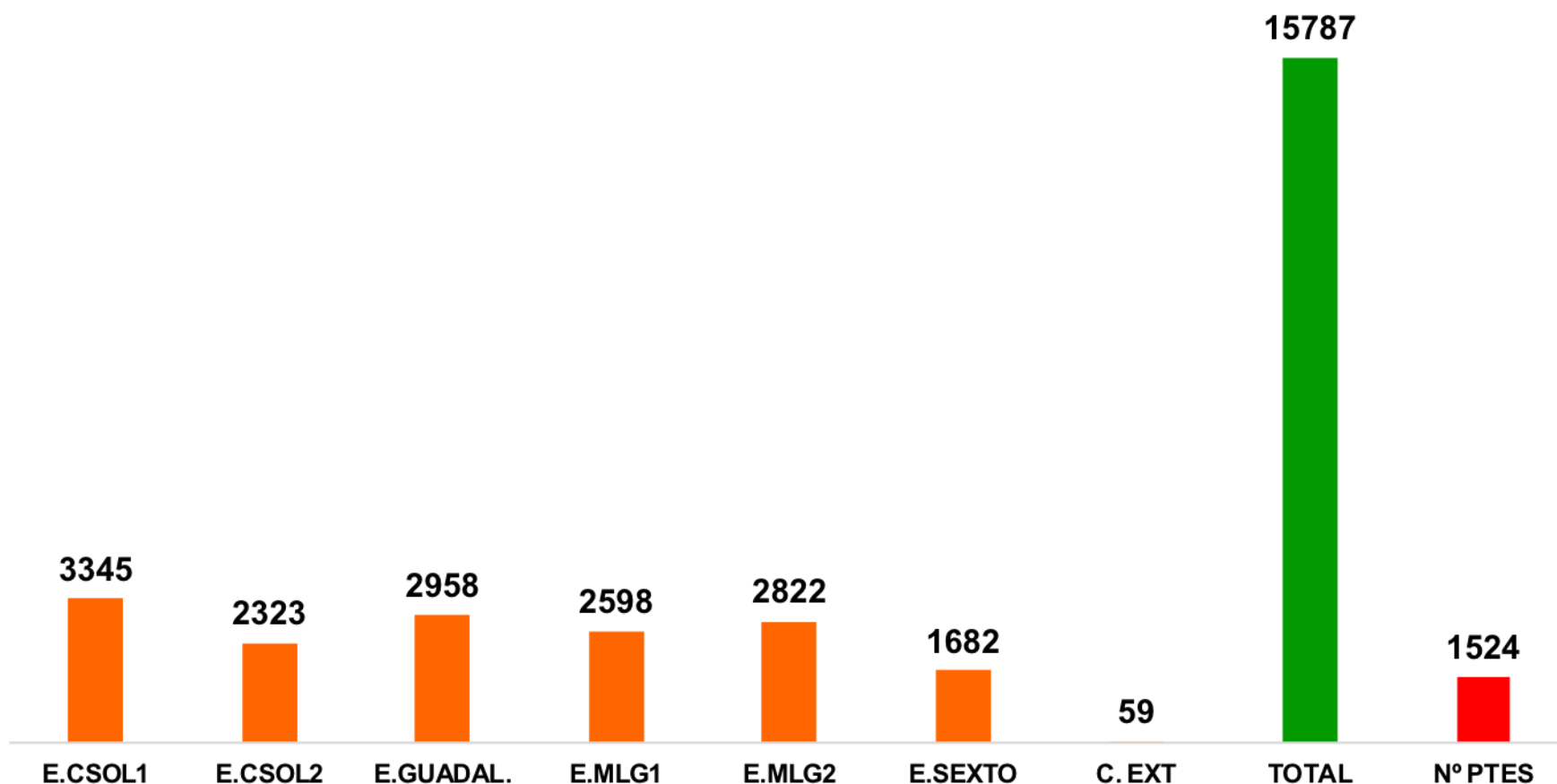
Average of **3,2** visits in person per patient



# 2019 HCP INTERVENTIONS

## Telephone

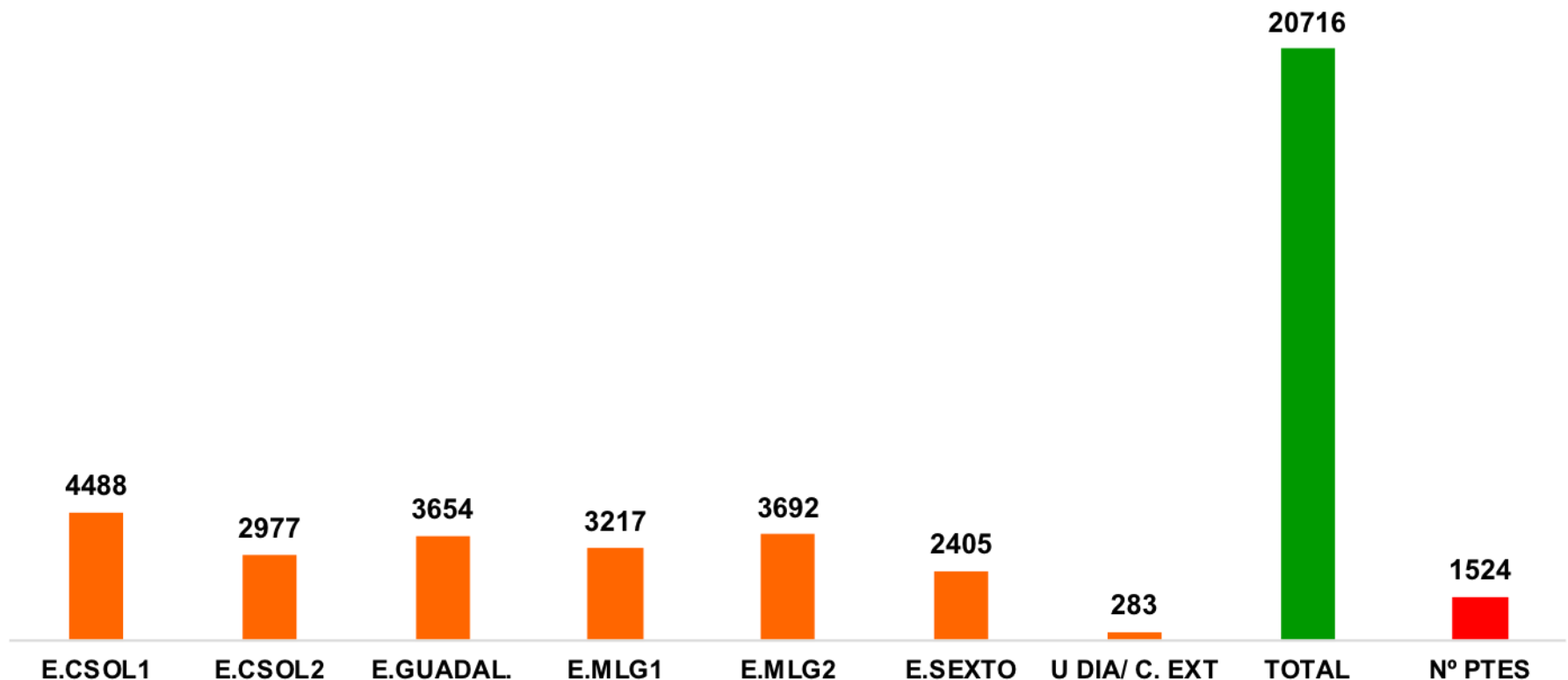
Average of **10,4** follow-up calls per patient



# 2019 HCP INTERVENTIONS

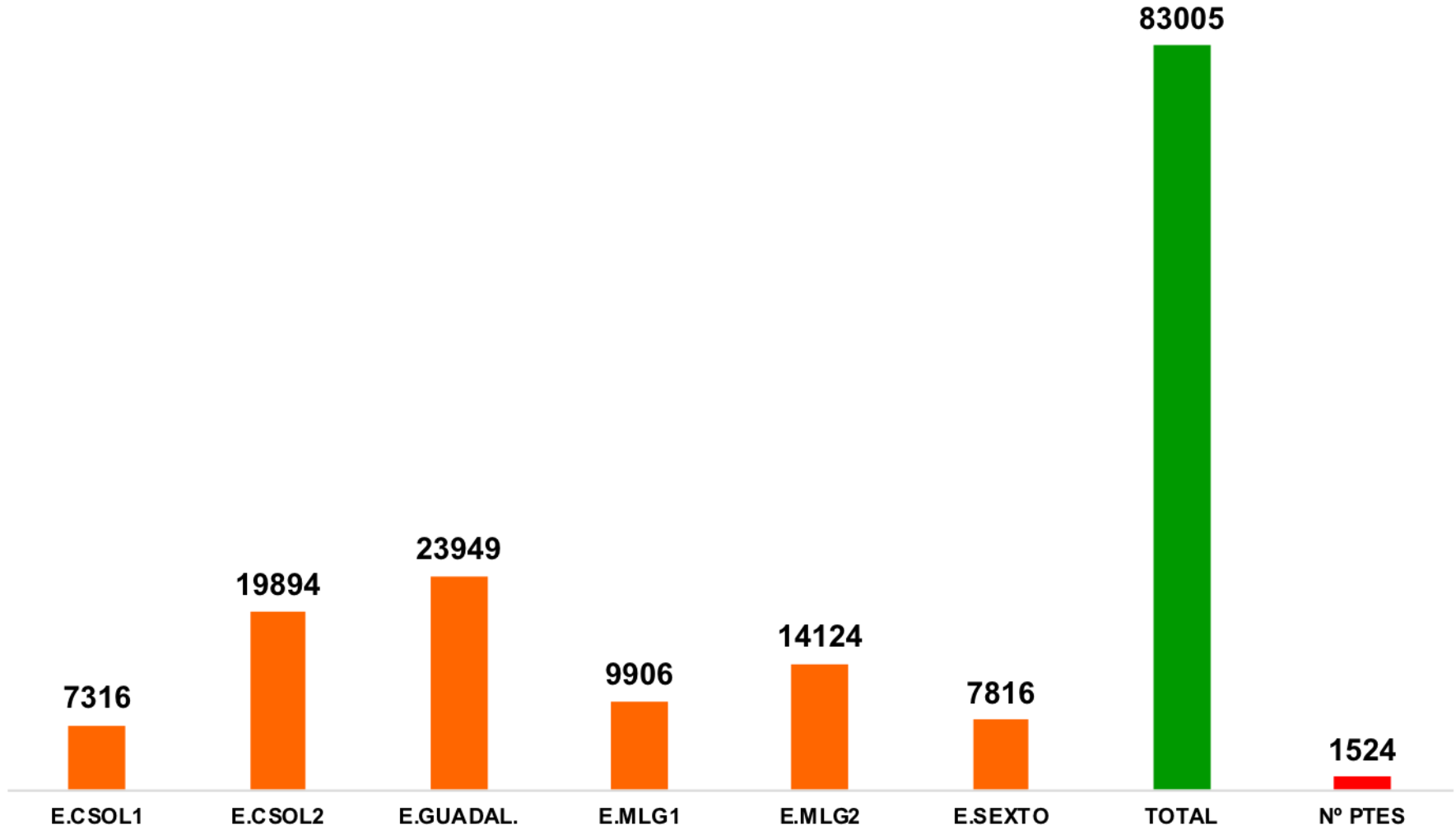
## Total

Average of **13,6** interventions in person and telephone per patient



# 2019 HCP MILEAGE

Average of **54** kilometres per patient



## HOME CARE PROGRAMME



**4.929**  
visits and  
consultations  
Average of **3,2**  
per patient



**15.787**  
follow-up calls  
Average of **10,4**  
per patient



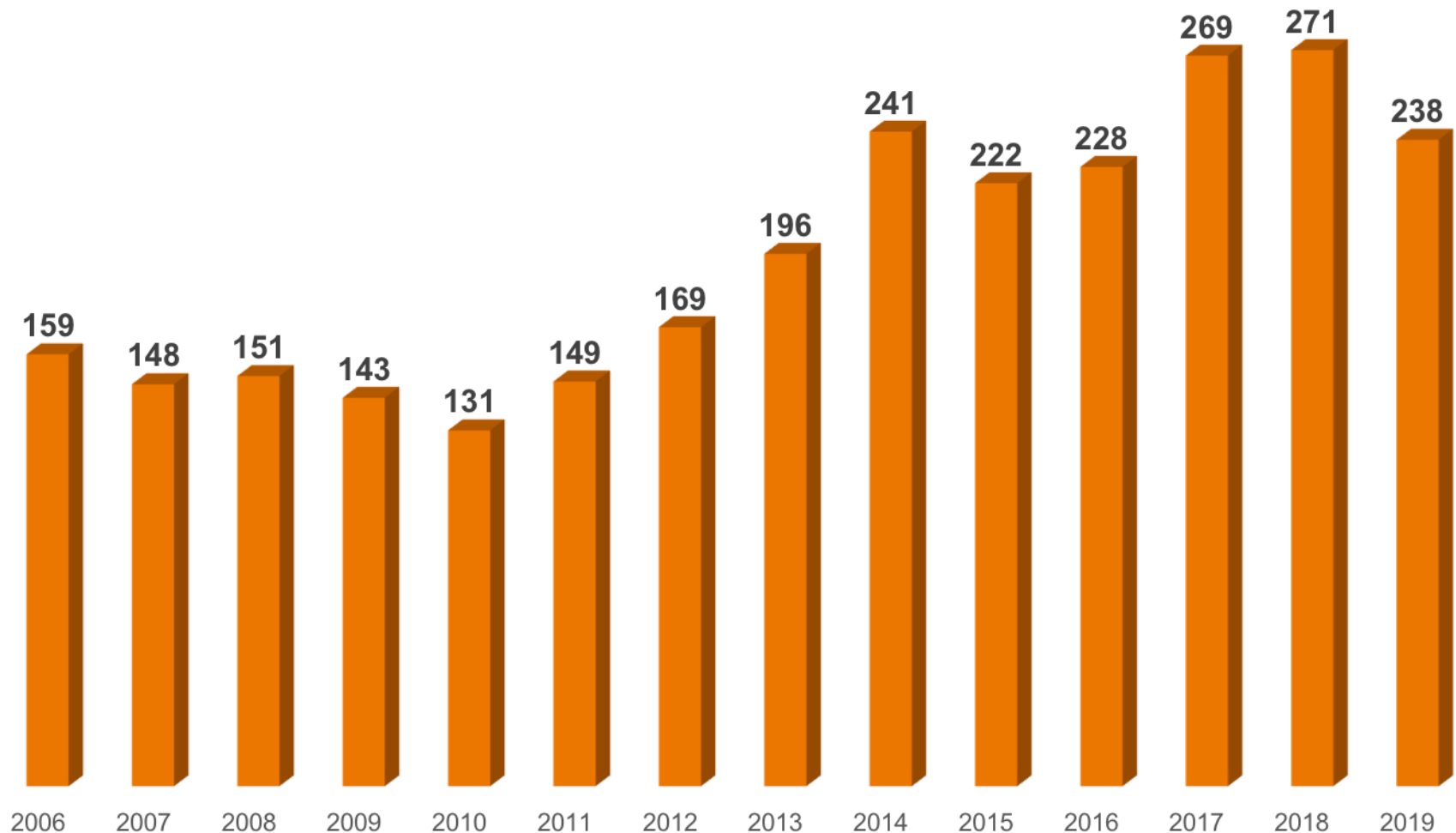
**83.005**  
kilómetros  
Average of **54km**  
per patient

# 2.

## CARING PROGRAMMES

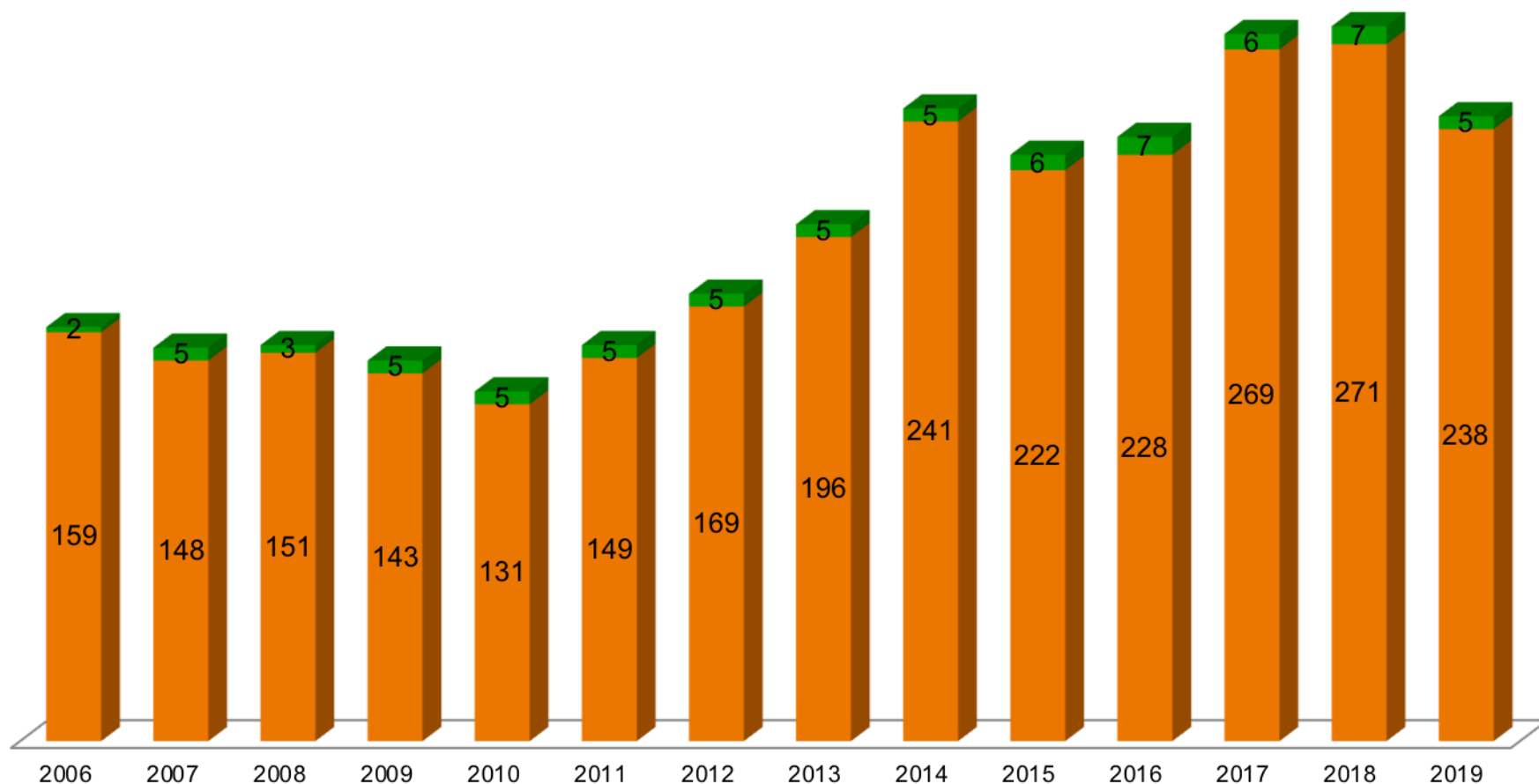
### IN-PATIENT UNIT

# Progression of new patients in In-Patients Unit IPU



# Progression of new patients in In-Patients Unit IPU

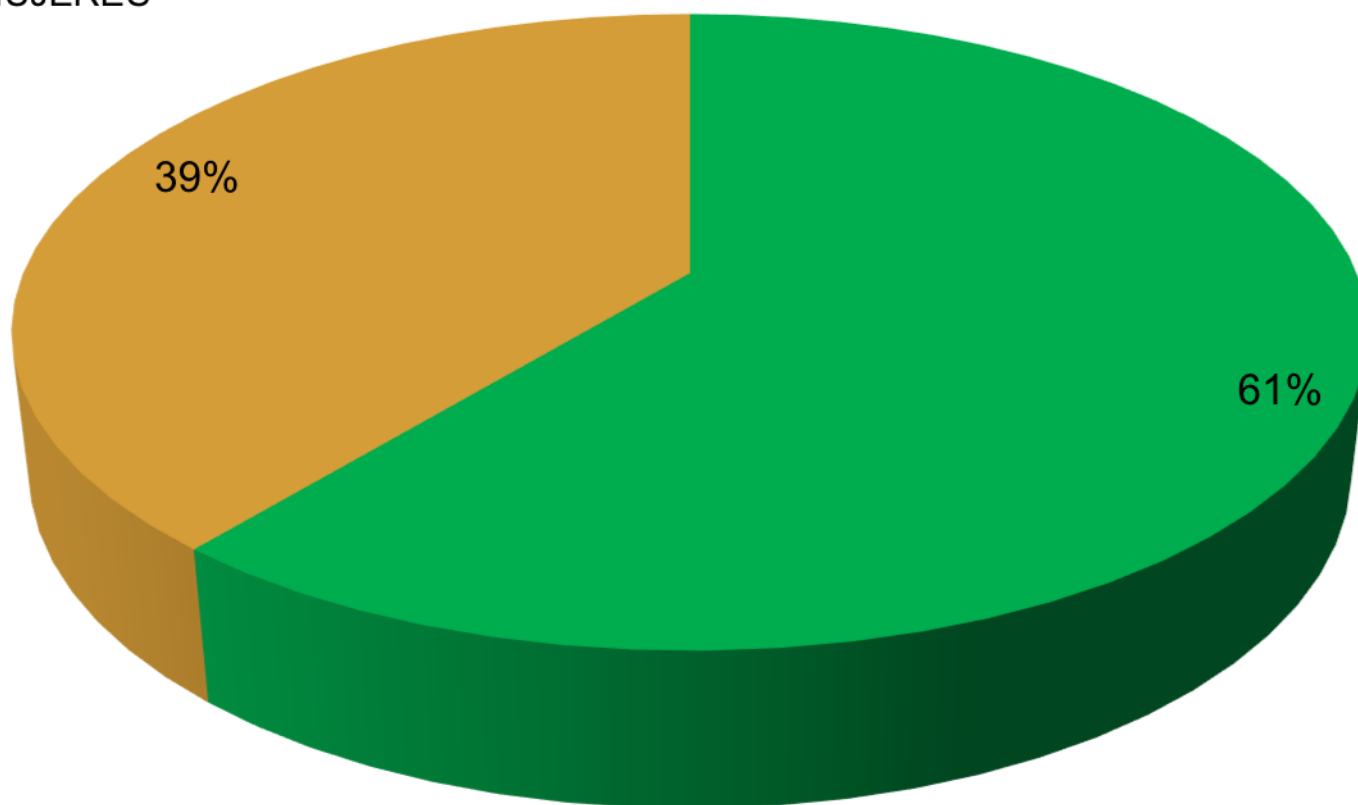
■ NUEVOS ■ PREVALENTES



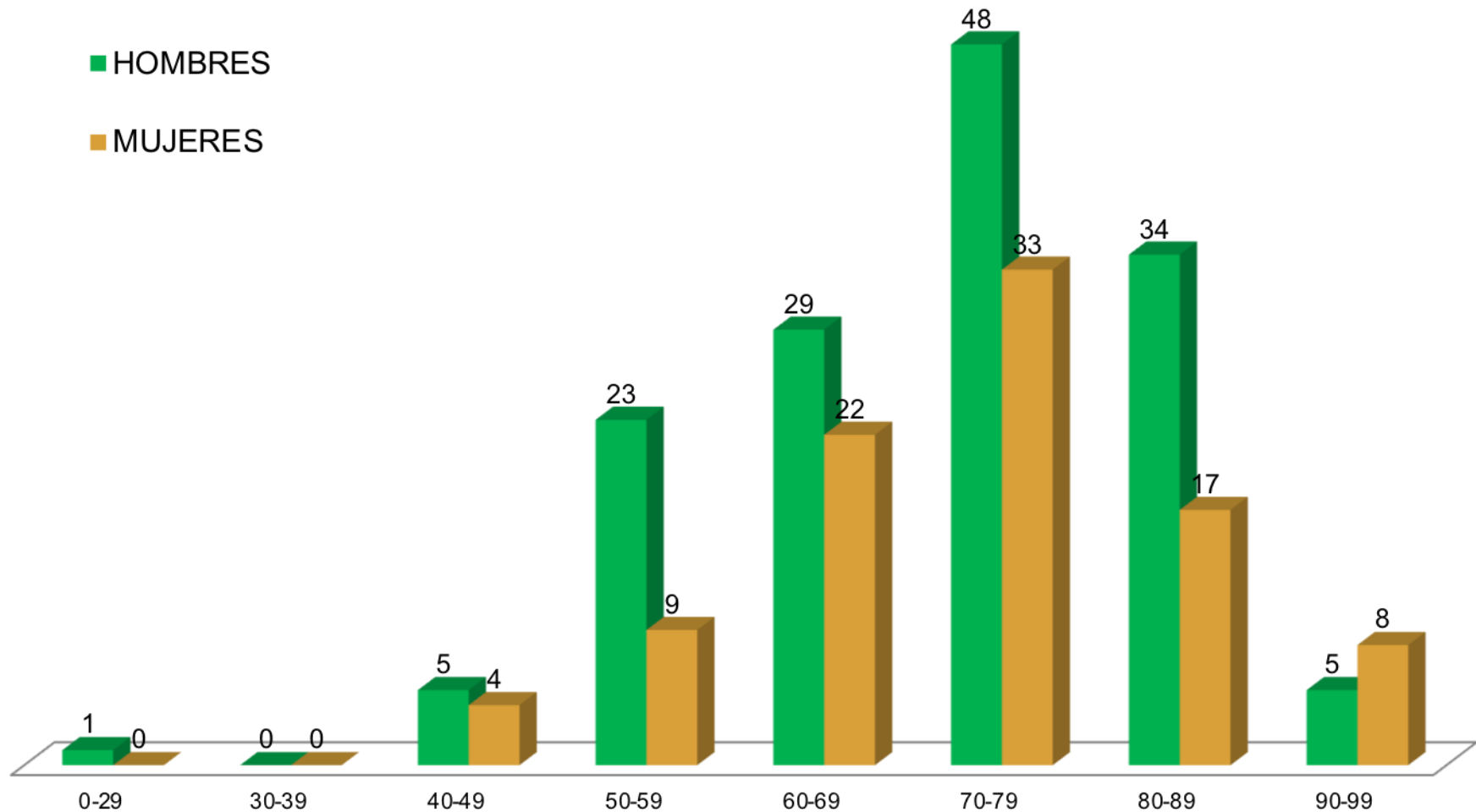
# 2019 Distribution of patients in IPU by gender

■ HOMBRES

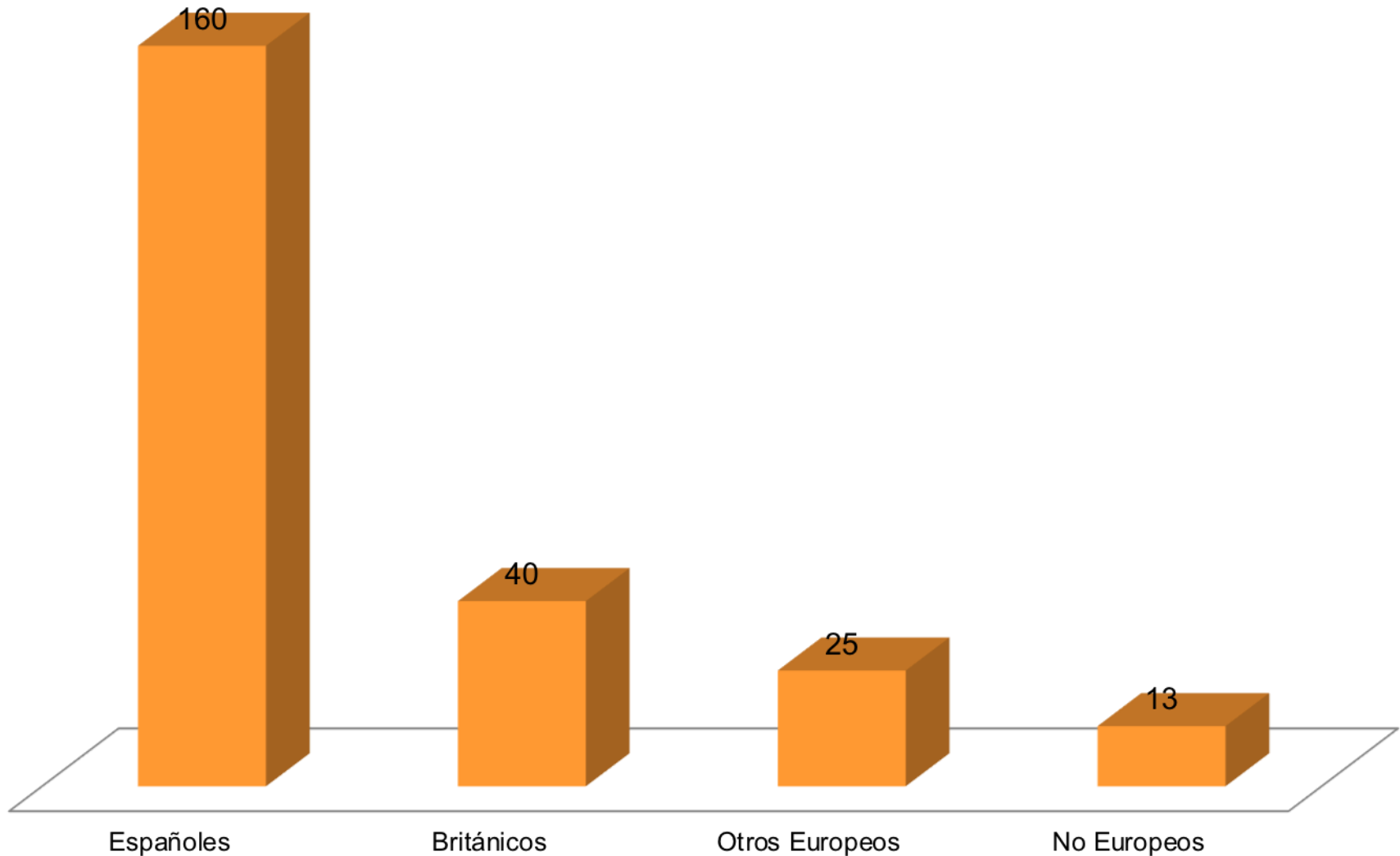
■ MUJERES



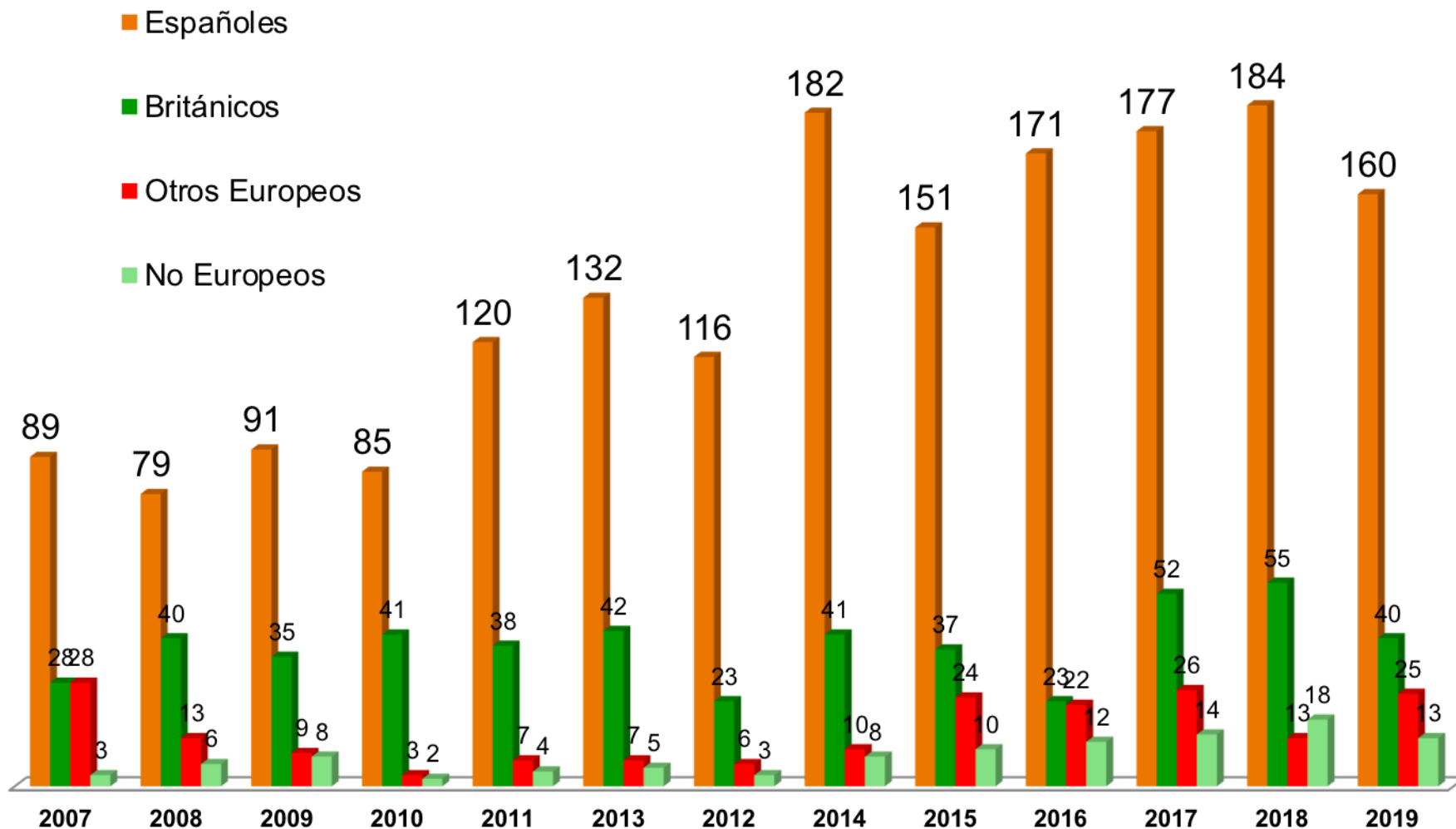
# 2019 Distribution of patients in IPU by age/gender



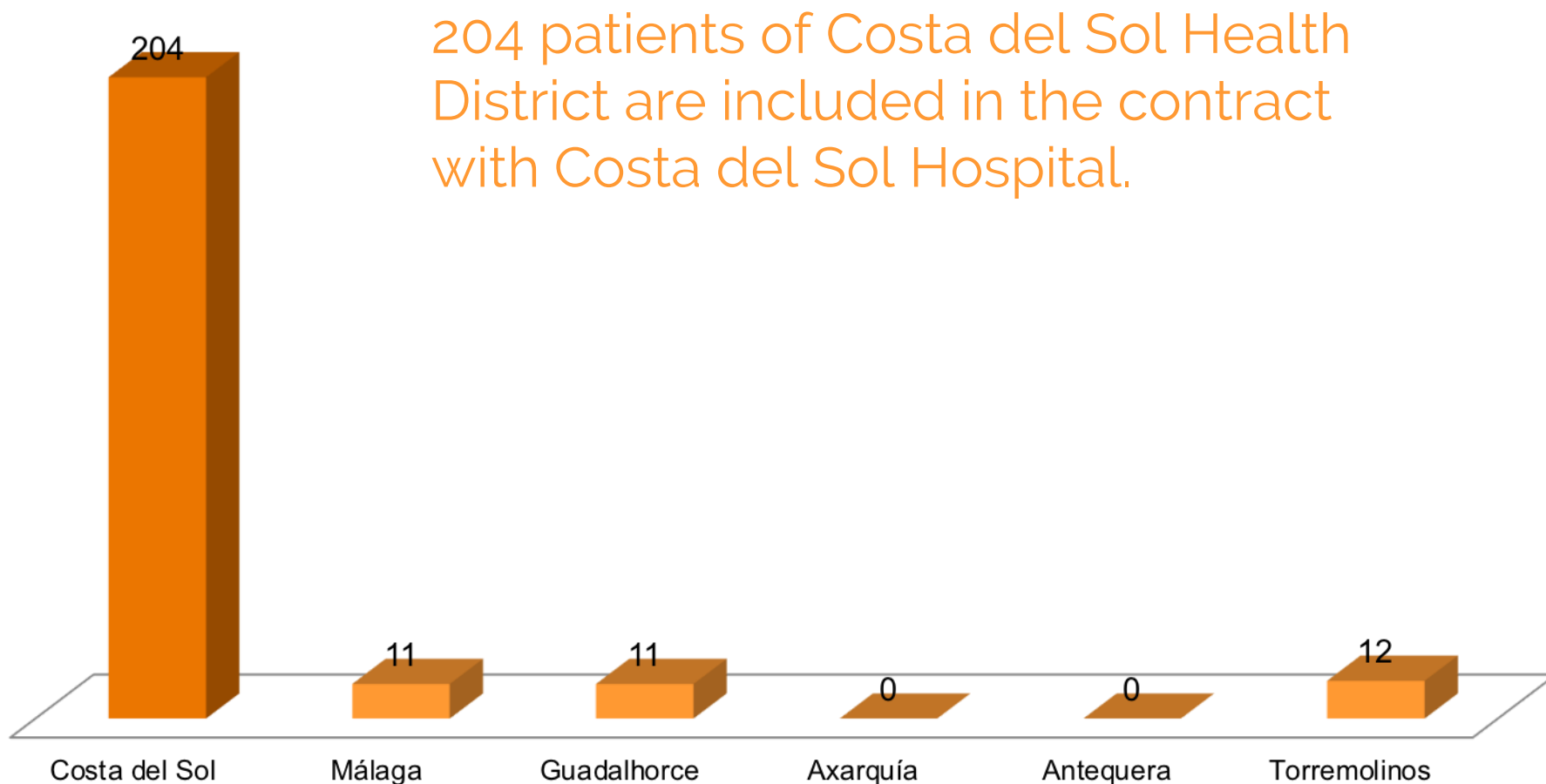
# 2019 Distribution of patients in IPU by nationality



# Progression of patients in IPU by nationality



# 2019 Distribution of patients in IPU by residency



# Reason to admission the IPU

ACTIVITY	2007	2009	2011	2012	2013	2014	2015	2016	2017	2018	2019
Uncontrolled symptoms	81	84	108	96	133	203	184	186	206	241	213
Psycho-social needs	22	26	30	28	31	10	20	20	34	14	5
Last days situation LDS	25	18	16	16	19	25	11	17	26	16	17
Break for relatives	14	14	11	8	12	3	7	4	3	0	3
Rehabilitation	6	1	0	1	1	0	0	0	0	0	0



# IN-PATIENT UNIT

15% go back home and  
84% are cared till the end

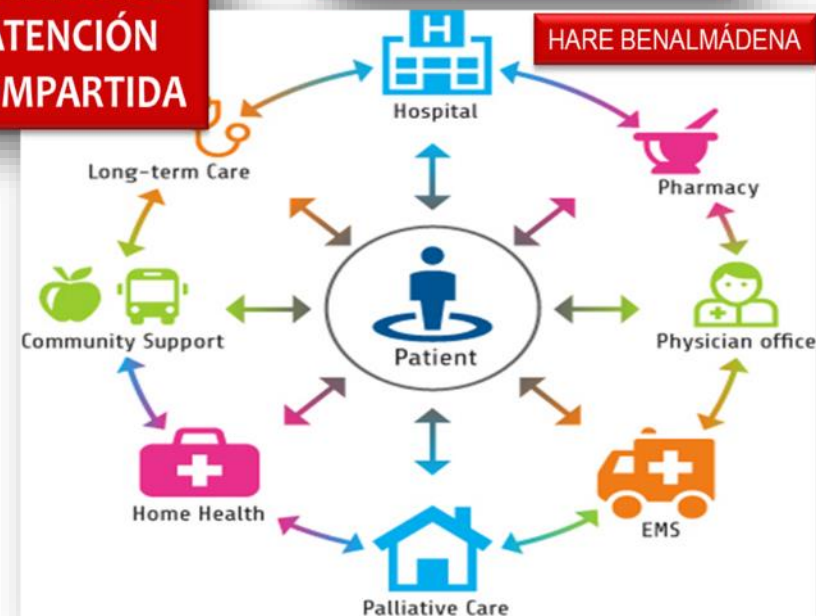


89% improving their symptoms control

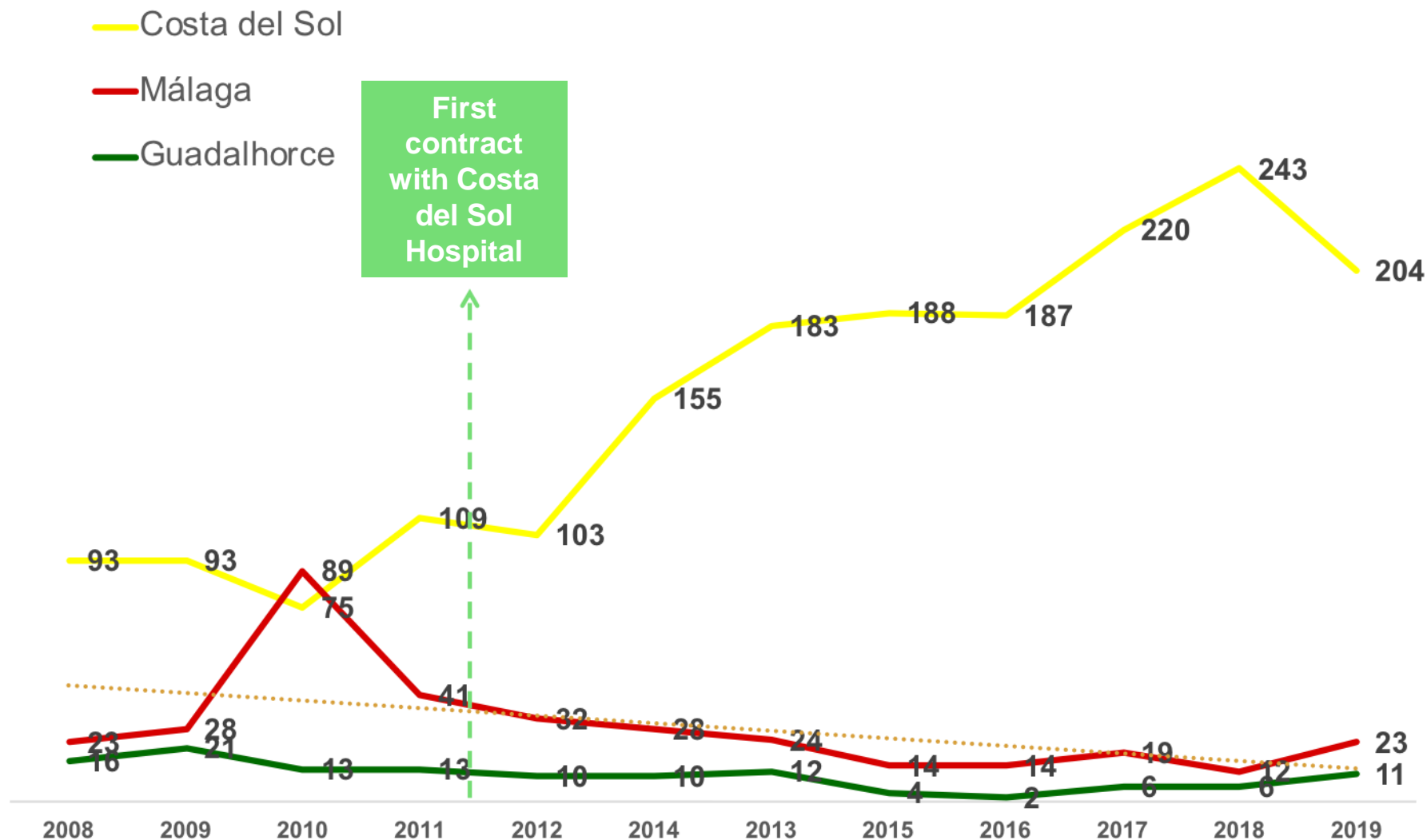
## MODELO DE ATENCIÓN COMPARTIDA

HOSPITAL INTERNACIONAL XANIT

HARE BENALMÁDENA

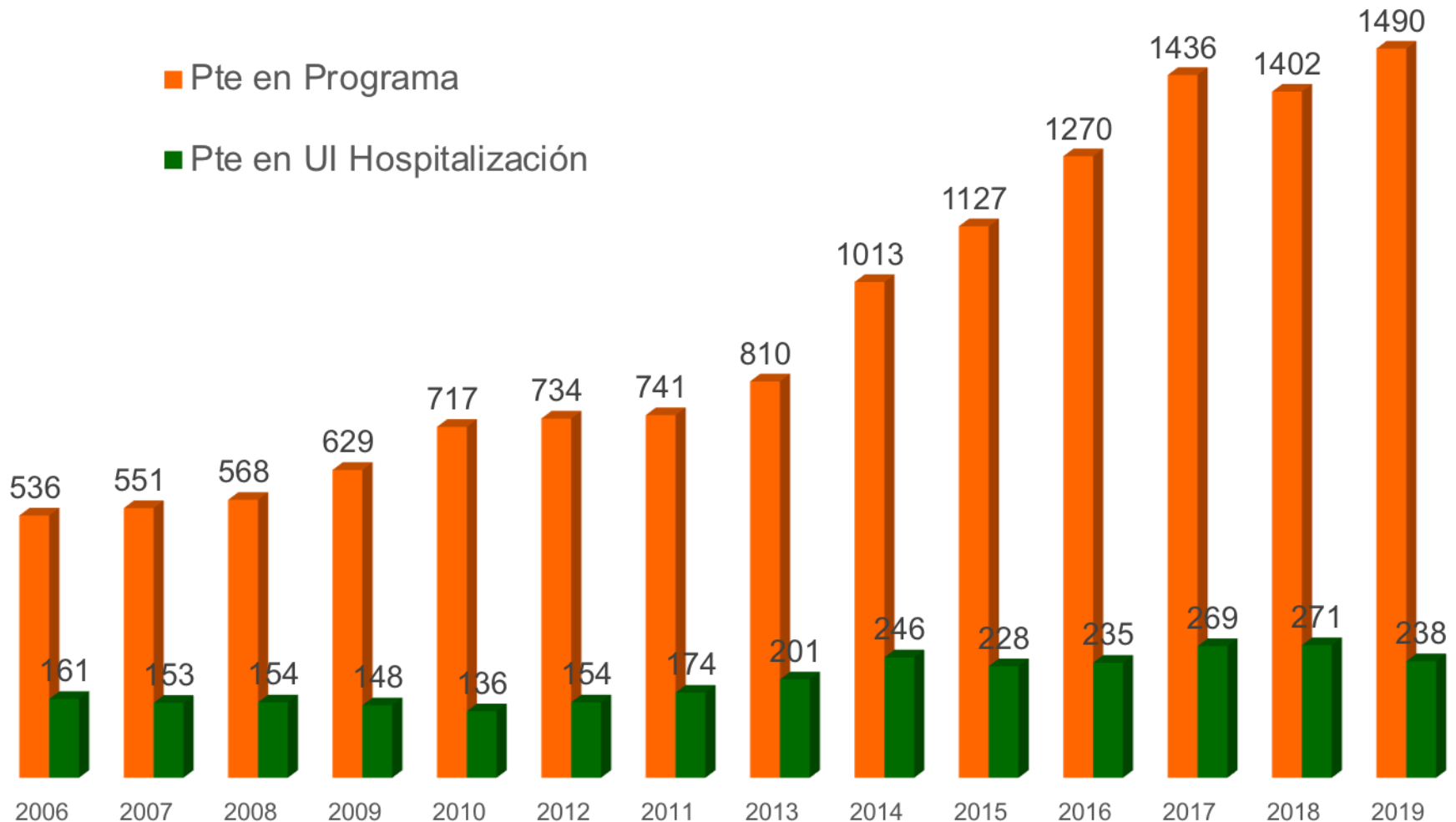


# Progression of new patients in IPU by Sanitary Health Districts



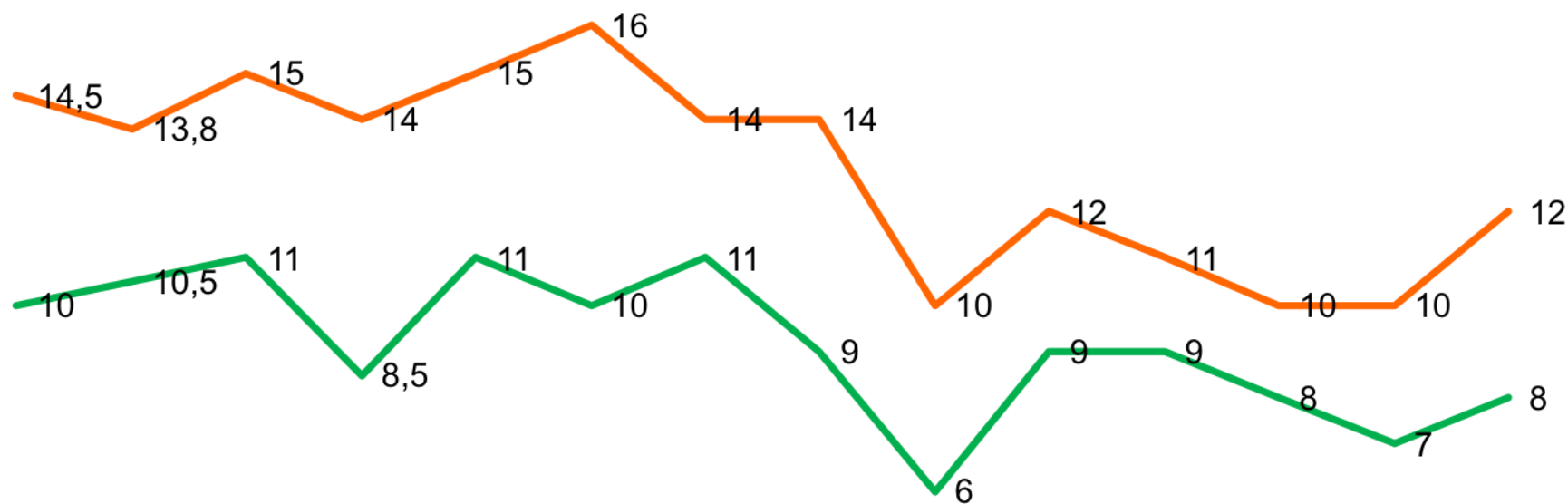
# Progression of new patients in HCP **vs.** new patients in IPU

Average of 23% of patients in HCP need to check-in IPU



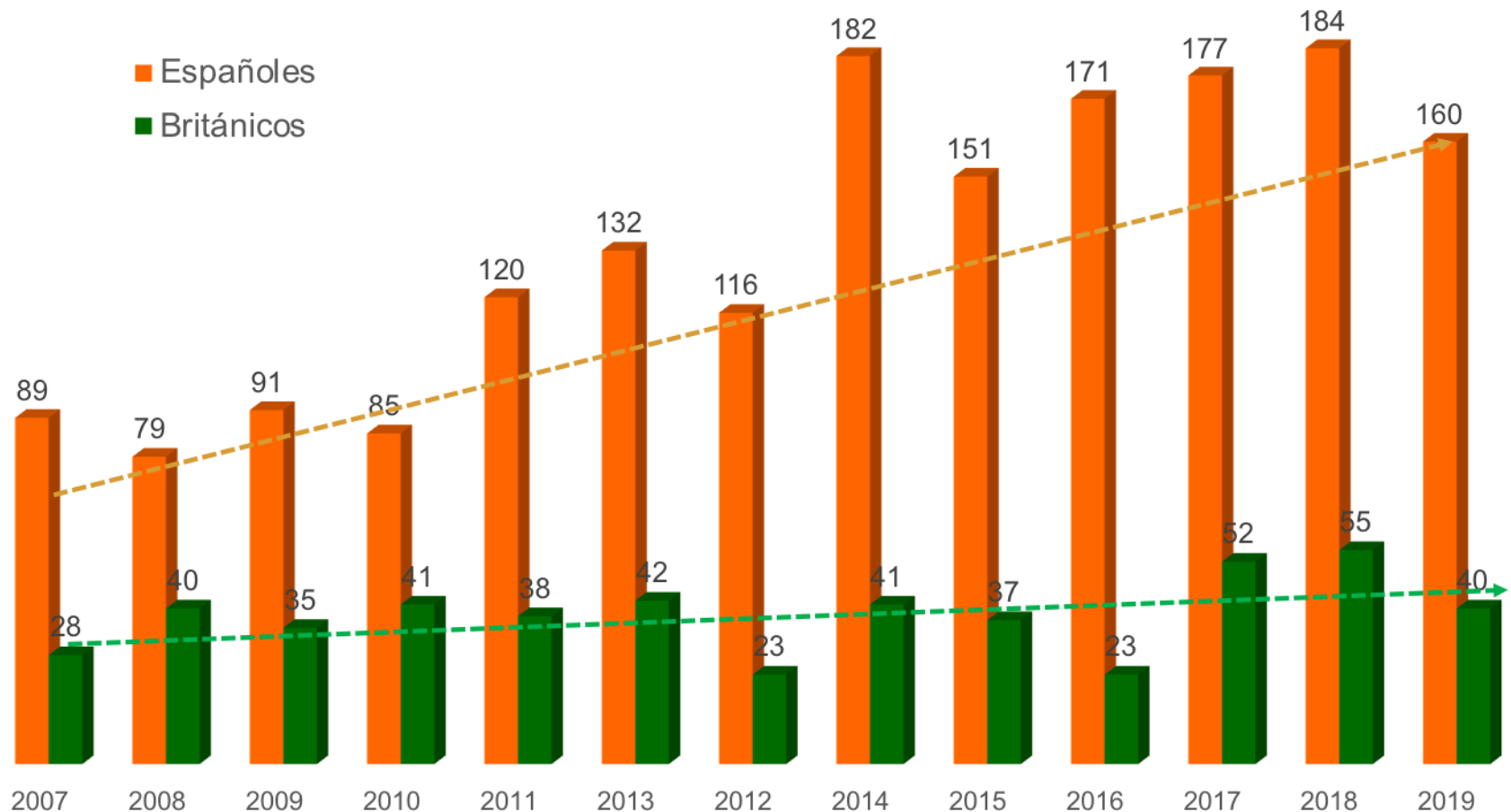
# AVERAGE AND MEDIAN SURVIVAL IN IPU

— Mediana — Media



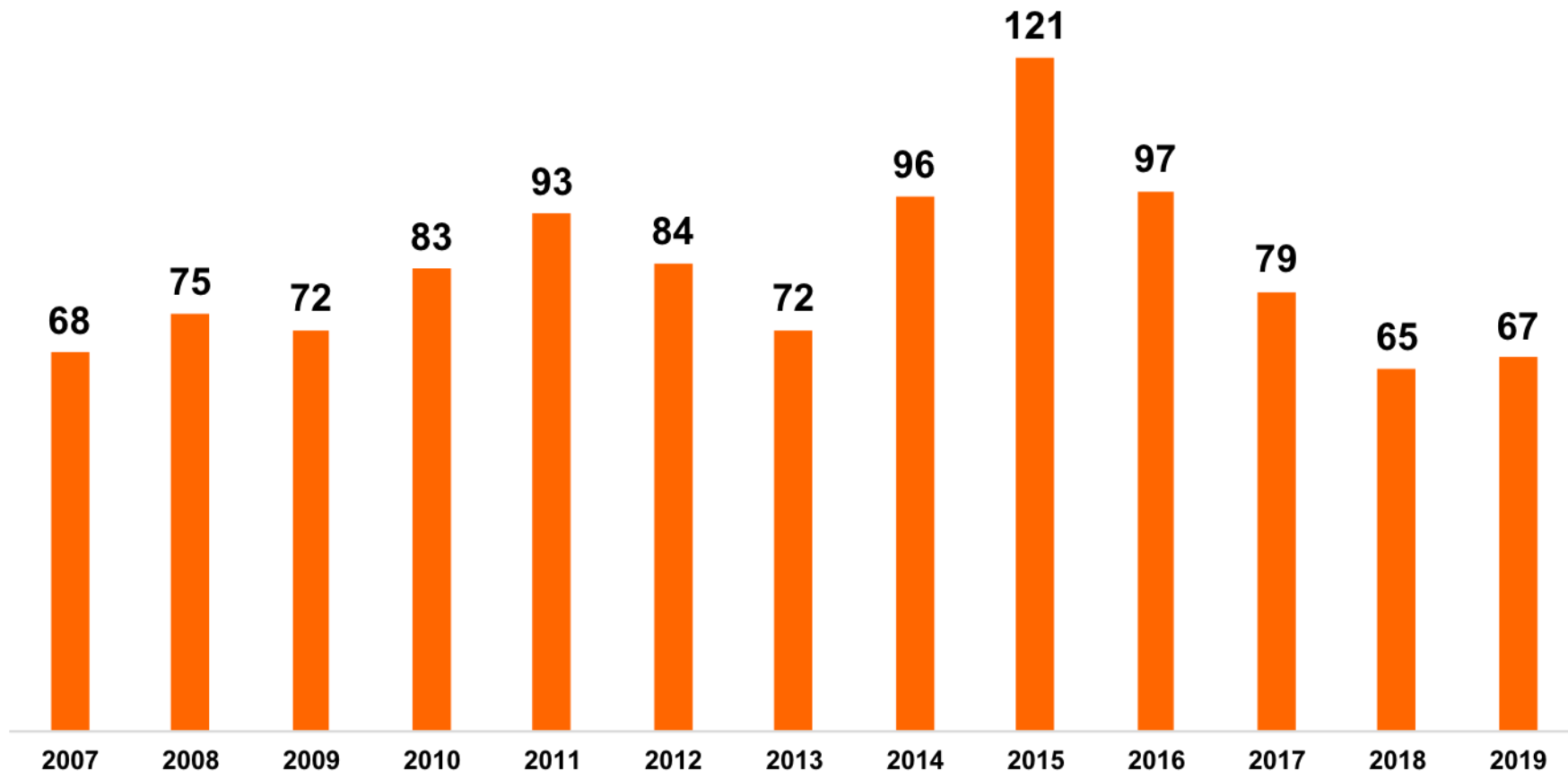
2006 2007 2008 2009 2010 2012 2011 2013 2014 2015 2016 2017 2018 2019

# Trend of patients in IPU by nationality

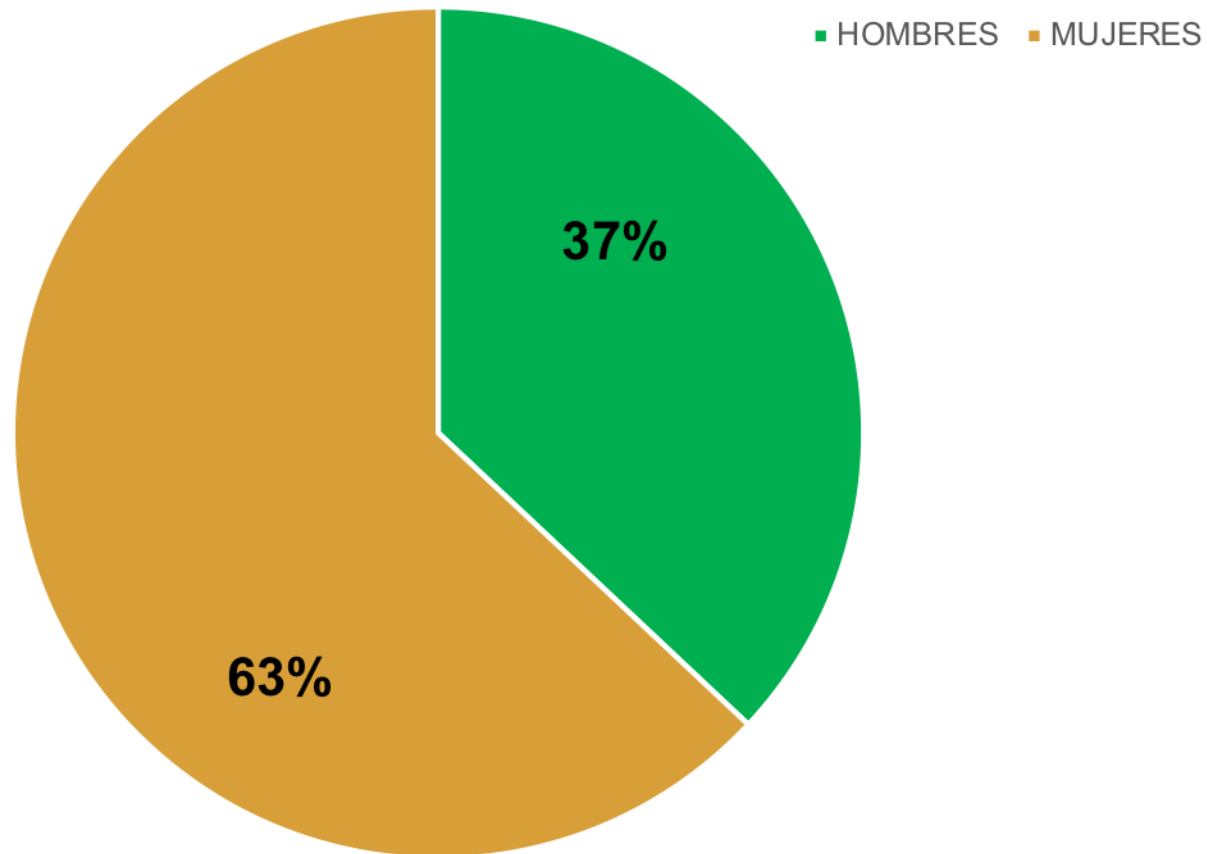


# 3. CARING PROGRAMMES DAY CARE

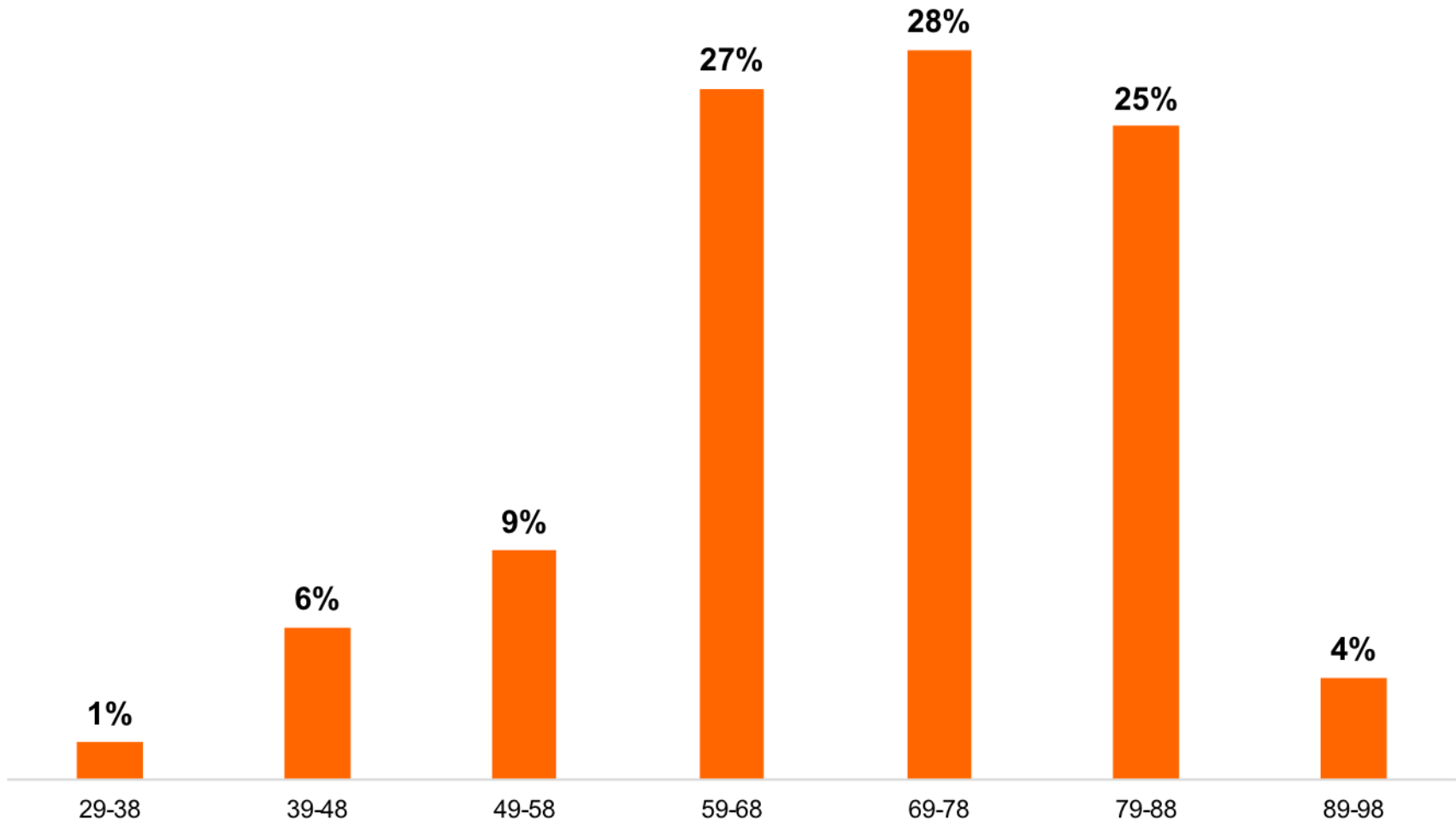
# Progression of the number of patients in DC



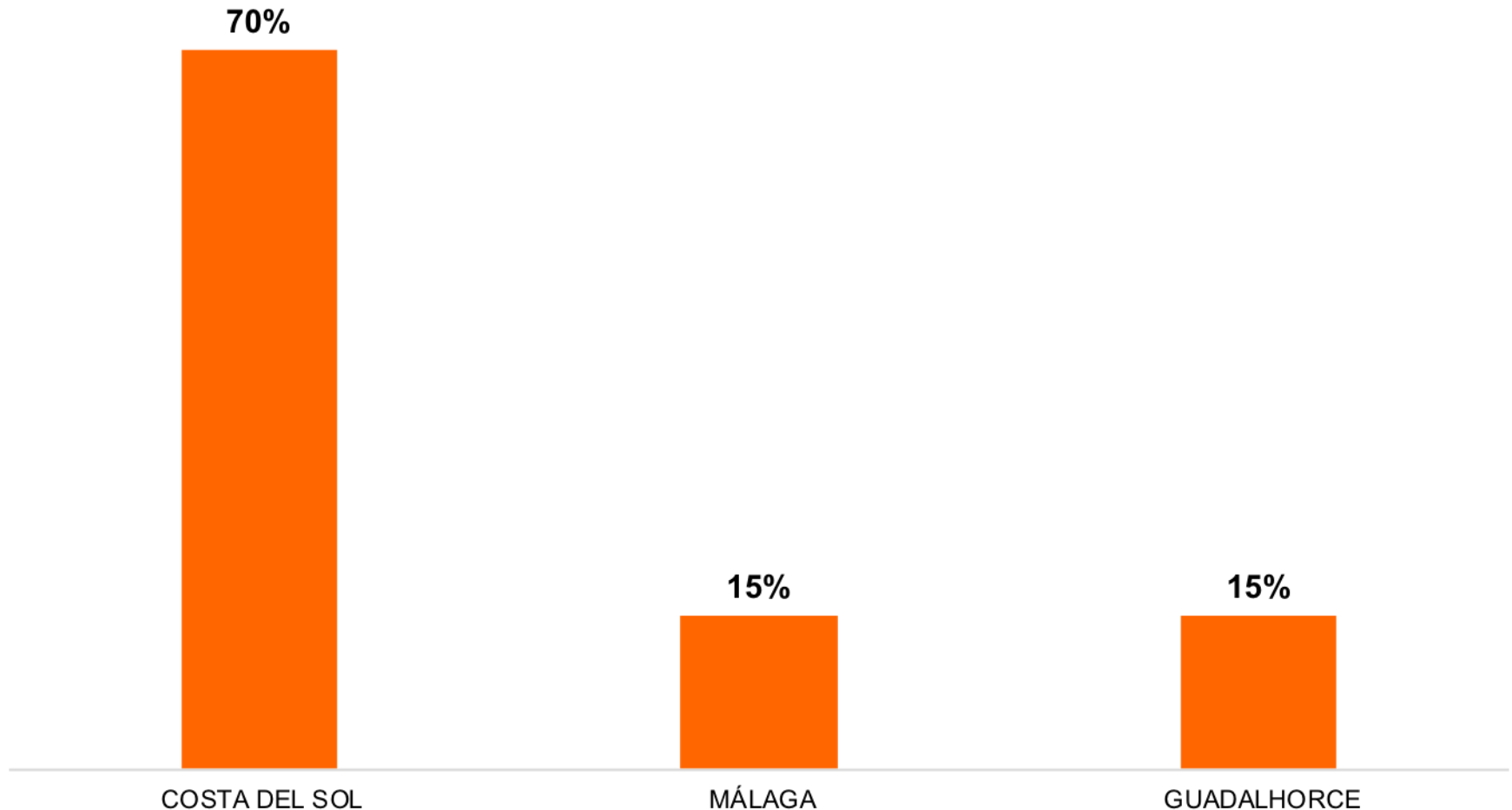
# 2019 Distribution of patients in DC by gender



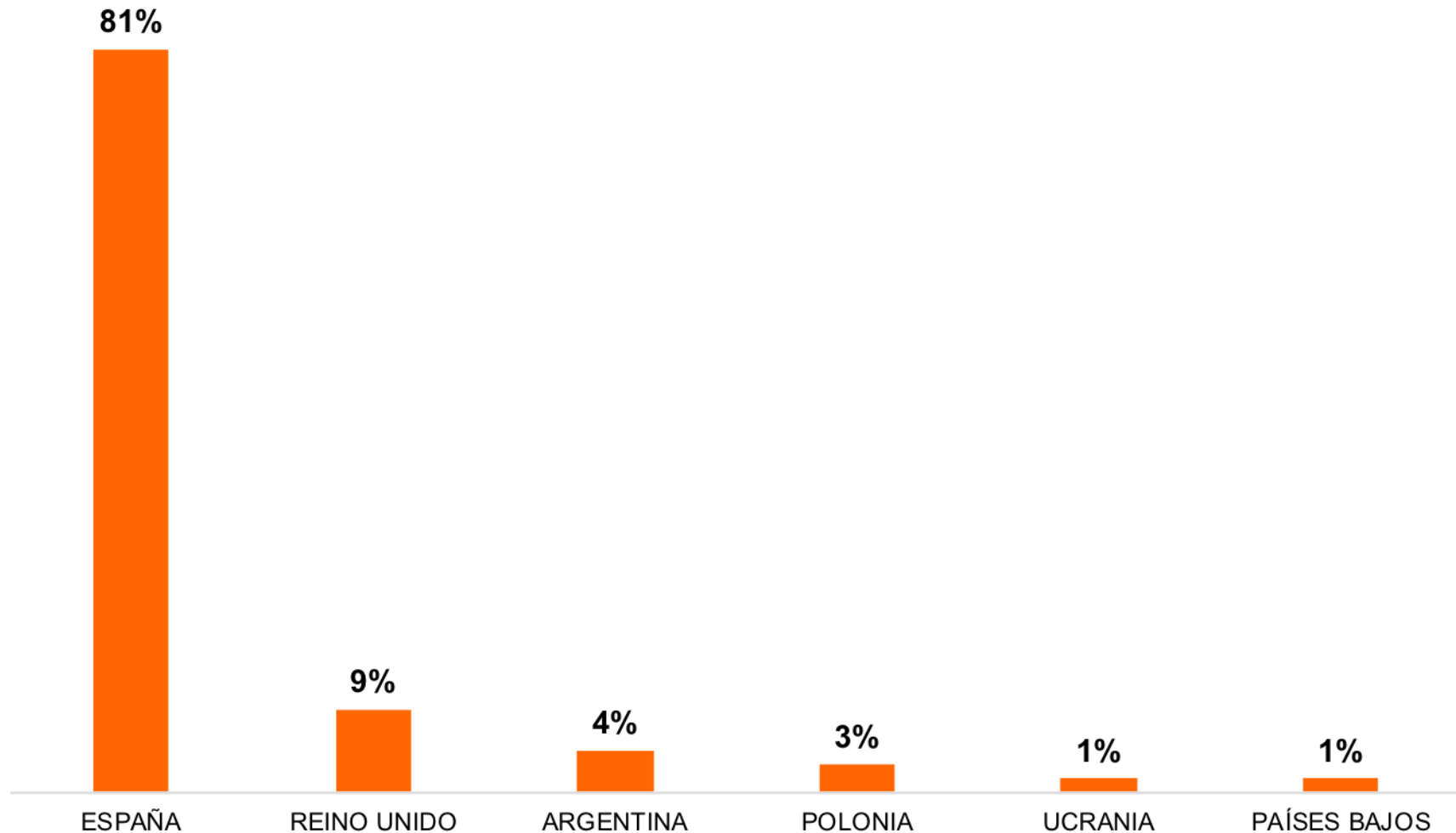
# 2019 Distribution of patients in DC by age



# 2019 Distribution of patients in DC by Health Districts



# 2019 Distribution of patients in DC by nationality



# Day Care: activities

ACTIVITY	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
<b>TOTAL OF PATIENTS</b>	<b>74</b>	<b>45</b>	<b>70</b>	<b>78</b>	<b>93</b>	<b>59</b>	<b>71</b>	<b>76</b>	<b>104</b>	<b>97</b>	<b>79</b>	<b>65</b>	<b>67</b>
<b>TOTAL OF ACTIVITIES</b>	<b>2.265</b>	<b>2.830</b>	<b>3.347</b>	<b>3.521</b>	<b>3.633</b>	<b>4.075</b>	<b>3.145</b>	<b>2.522</b>	<b>4.419</b>	<b>6.092</b>	<b>3.639</b>	<b>3.605</b>	<b>2.909</b>
TOTAL NUMBER OF THERAPIES	728	1.303	1.802	1.774	1.701	2.507	1.798	1.464	2.218	3.041	2.189	1503	1393
TOTAL NUMBER OF CARE	559	513	354	508	572	584	360	370	1.605	1.576	830	803	494
TOTAL NUMBER OF NURSE CONSULTATIONS	143	174	304	297	343	358	237	201	67	396	471	506	403
TOTAL NUMBER OF LEISURE ACTIVITIES	835	840	887	942	1.017	984	750	487	529	1.079	149	793	619

# DAY CARE



67 patients  
2.909 care  
activities

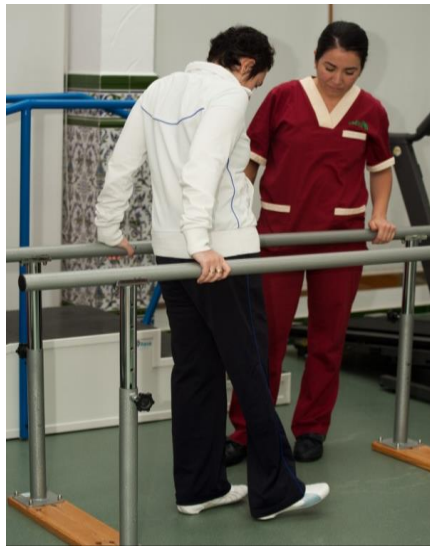
# 4. CARING PROGRAMMES

REHABILITATION AND PHYSIOTHERAPY  
UNIT

# Rehabilitation and Physiotherapy Programme

ACTIVITY	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
TOTAL NUMBER OF PATIENTS	68	75	72	83	93	84	72	96	121	104	126	100	92
TOTAL NUMBER OF ACTIVITIES	1167	1013	929	778	1015	898	768	761	1198	1091	1163	1058	974
TOTAL NUMBER OF REHABILITATION CONSULTATIONS	74	63	68	60	81	122	51	89	125	96	35	65	37
TOTAL NUMBER OF PHYSIOTHERAPY SESSIONS	1093	950	861	718	934	776	717	672	1073	995	1002	993	937

# REHABILITATION AND PHYSIOTHERAPY PROGRAMME



92 patients  
37 consultations  
937 sessions

# 5. CARING PROGRAMMES

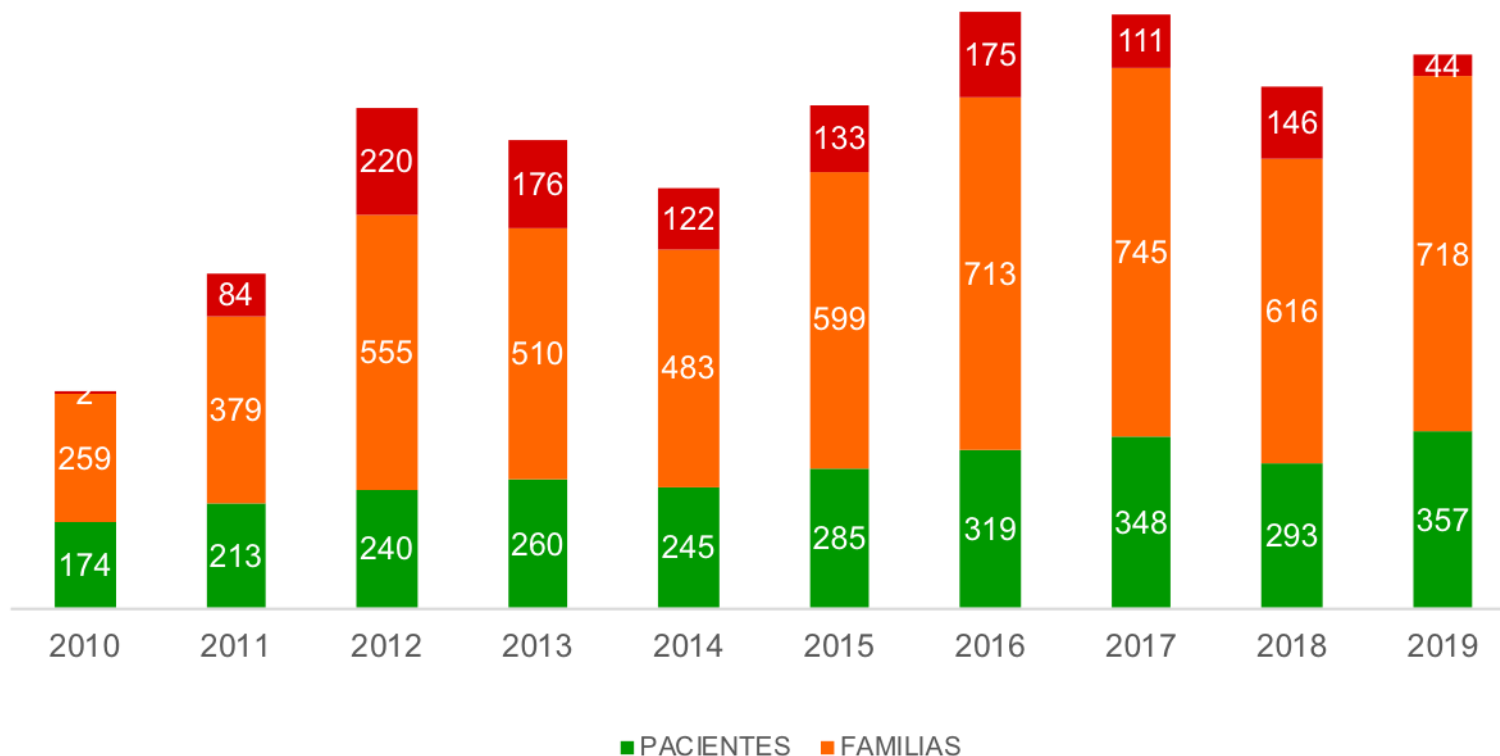
PSYCHOLOGICAL AND SOCIAL CARE  
PROGRAMME



Obra Social  
Fundación "la Caixa"

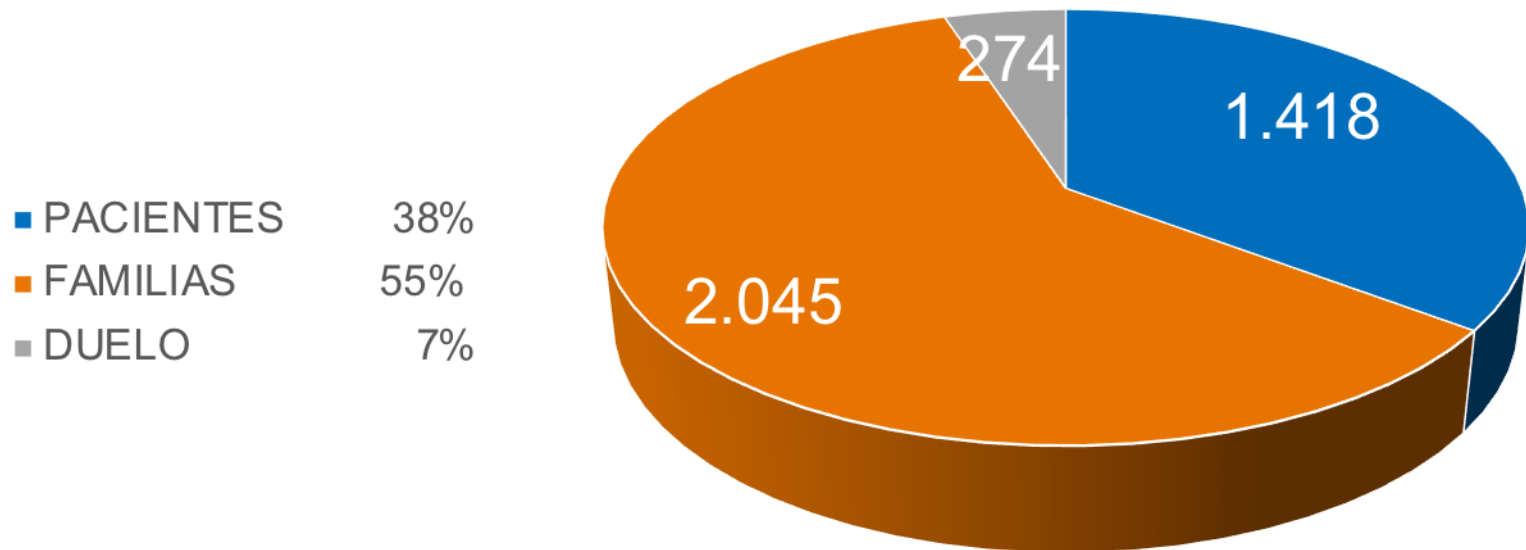
# Psychological and social care team PSCT

435	676	1.015	946	850	1.017	1.207	1.204	1.055	1.119
-----	-----	-------	-----	-----	-------	-------	-------	-------	-------



# 2019 Caixa PSCT Interventions

**INTERVENTIONS 3.737**



## Psychological and Social Care Programme



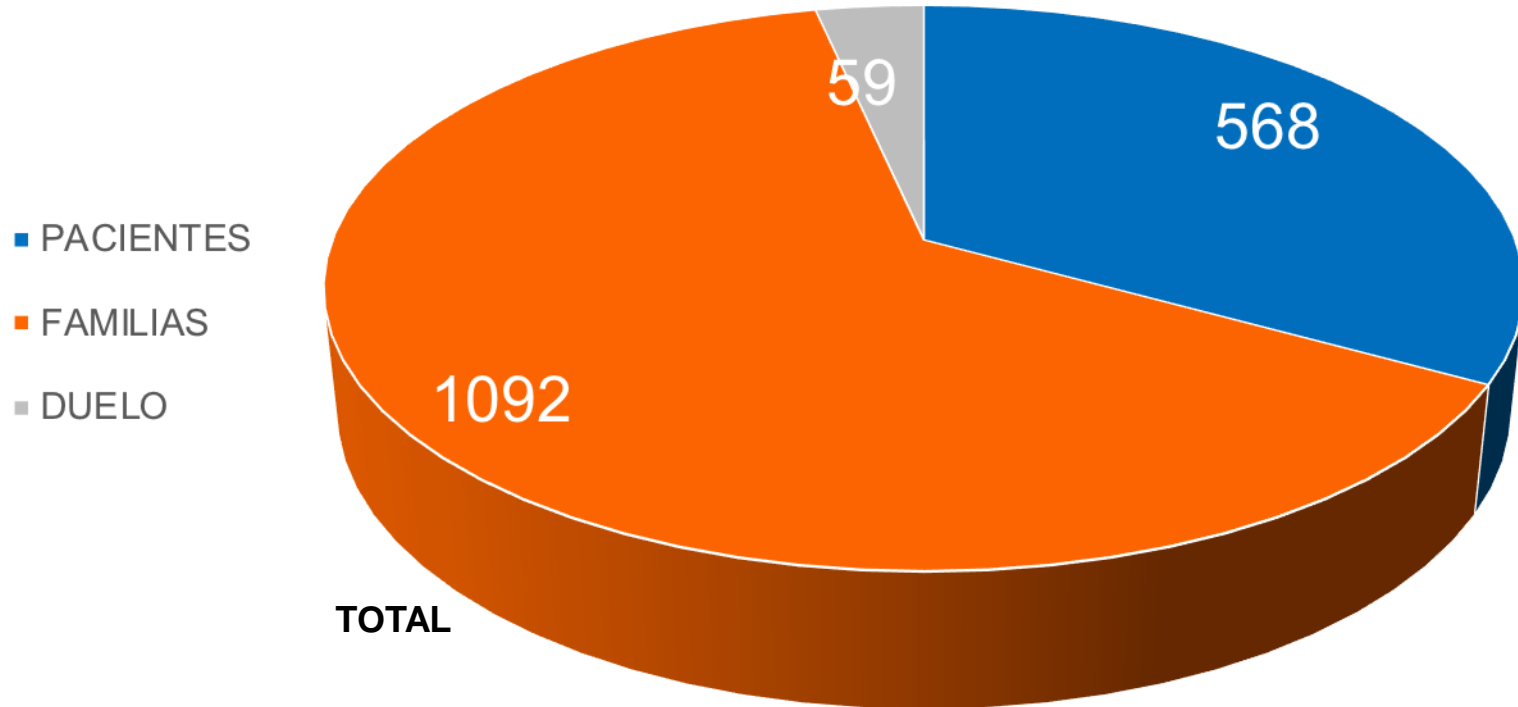
### Interventions

**1.418** patients

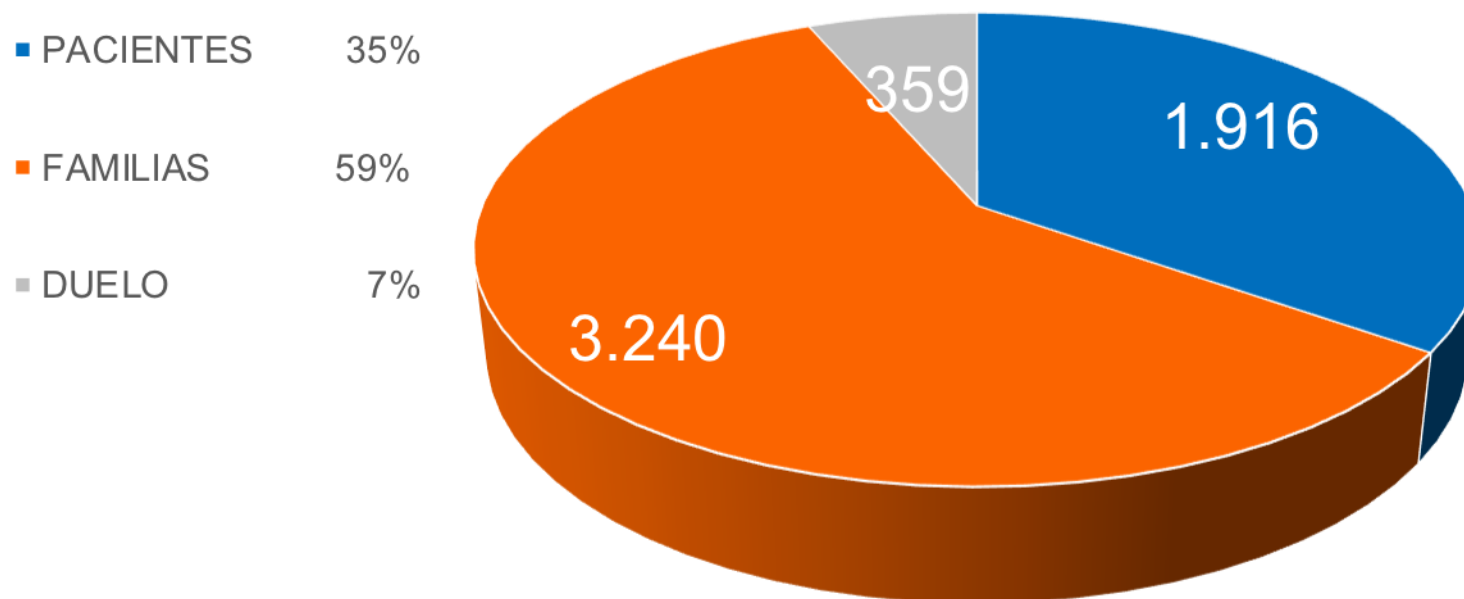
**2.045** relatives

**274** mourning process

## 2019 Number of patients, relatives and mourners attended by the Psychological and Social Care Programme



# 2019 Psychological and Social Care Programme Activity



**INTERVENCIONES totales**

**5.515**