

# 2019//SUMMER SCHOOL <sup>3rd</sup> EDITION

## BENALMÁDENA//MÁLAGA//SPAIN

9TH - 11TH MAY.

YOU CAN BE PART OF CUDECA TOO



INTERNATIONAL COLLABORATIVE FOR BEST CARE FOR THE DYING PERSON  
IN ASSOCIATION WITH CUDECA HOSPICE, SPAIN

International  
Collaborative  
for Best Care  
for the Dying Person



"El Bil-Bil" Castle / Benalmádena



## PRESENTATION

Dear Colleagues,

Established in 2014, the International Collaborative for Best Care for the Dying Person brings together a global group of leading thinkers, practitioners, and researchers from over 20 countries, who share a vision for a world where all people experience a good death as an integral part of their individual life, supported by the very best personalised care. The Collaborative has an annual Symposium incorporating a research conference and an annual Summer School.

The Collaborative has developed the 10/40 model for Best Care for the Dying Person and a quality improvement **framework** which together support the local development of a programme for Best Care for the Dying Person that can be implemented in individual organisations, regions, states, or countries to support the delivery of first-class physical, psychosocial, social, and spiritual care at the end of life.

The Summer School is aimed at current members of the International Collaborative and other health care professionals who are interested in the education and the quality improvement framework of the Collaborative. It provides an excellent forum for the exchange of knowledge and ideas.

We look forward to welcoming you to Benalmadena, (Malaga) to promote best care for the dying person, and to experience and enjoy the Spanish culture and hospitality.

**Professor John Ellershaw**

*Chair of the International Collaborative for Best Care for the Dying Person.*

Thursday , May 9<sup>th</sup>, 2019

At Cudeca Hospice Benalmádena

## WELCOME TO SUMMER SCHOOL 2019

*John Ellershaw and Marisa Martin*

14:00-16:00	<b>Welcome lunch at Cudeca Hospice</b>
14:00-15:00	Visit to Cudeca Hospice (optional)
16:00-17:00	Welcome to Summer School <i>Introduction and key issues and challenges for participants</i>

## PARALLEL SESSION 1

### PRESENTATION OF THE INTERNATIONAL COLLABORATIVE AND PROJECT GROUPS

*John Ellershaw and Susie Wilkinson*

17:00 - 17:30	The International Collaborative: History, Development, Aims and Objectives
17:30 - 18:00	The International Collaborative 10/40 Model of Care for the Dying Person and its implementation into clinical practice
18:00 - 18:30	<b>Coffee Break</b>
18:30 - 19:00	Benefits and Challenges of introducing the International Collaborative 10/40 Model
19:00 - 19:30	Developing an Outline Education Programme to support implementation of the 10/40 Model of Care and Strategies for the evaluation
19:30 - 20:00	International Collaborative Project Groups - who are they and what are they working on

## PARALLEL SESSION 2

### FACILITATORS FORUM I

*International Collaborative Facilitator members*

17:00 - 17:30	Aims and Objectives for the Facilitator Forum
17:30 - 18:00	Facilitator updates on implementation of their programmes
18:00 - 18:30	<b>Coffee break</b>
18:30 - 20:00	Quality Improvement Framework(QFI) update and final review of agreed documents

20:30	<b>Sponsored dinner for all participants</b>
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9th-11th MAY BENALMÁDENNA

**PARALLEL SESSION 1****THE INTERNATIONAL COLLABORATIVE 10/40 MODEL OF CARE**

09:00 - 10:00	Key Developments from different International Collaborative Countries <i>International Collaborative members</i>
10:00 - 10:15	Serious Illness Communication Guide <i>Francisco Gil</i>
10:15 - 10:30	Spirituality Assessment Guide <i>Elisa Romero</i>
10:30 - 11:00	<i>Coffee Break</i>
11:00 - 13:30	Round table discussions and question with presenters
13:30 - 14:00	Feedback from discussions

**PARALLEL SESSION 2****FACILITATORS FORUM II**

10:00 - 10:30	Quality Improvement Framework (QFI) update and final review of agreed documents
10:30 - 11:00	<i>Coffee Break</i>
11:00 - 14:00	Educational programme to support the QIF <ul style="list-style-type: none"> <li>• Learning outcomes review for QIF Education programme</li> <li>• Development of content of educational programme to address agreed learning outcomes</li> </ul>

14:00 - 15:30 *Lunch***JOINT SESSION****FRAMEWORKS AND TOOL DEVELOPMENTS OF THE INTERNATIONAL COLLABORATIVE**

15:30 - 15:45	Presentation of an Online Case-note Review Tool <i>John Ellershaw</i>
15:45 - 16:00	Presentation of Consolidated Framework for Implementation Research (CFIR), a model to spread Innovation <i>John Ellershaw</i>
16:00 - 16:15	Presentation of Quality Improvement Framework (QIF) <i>Susie Wilkinson</i>
16:15 - 16:45	<i>Coffee Break</i>
16:45 - 19:00	Round table discussions and question with presenters
19:00 - 19:30	Feedback from discussions

**PARALLEL SESSION 1****INTERNATIONAL COLLABORATIVE RESEARCH PROJECTS**

10:00 - 10:20	Presentation of EU LAC Research project iCODE <i>John Ellershaw</i>
10:20 - 10:40	Presentation of Horizon 2020 Research Project iLIVE <i>Marisa Martín</i>
10:40 - 11:00	Presentation of Horizon 2020 Research Project iLIVE-Volunteers <i>Grethe Sporken</i>
11:00 - 11:30	<i>Coffee Break</i>
11:30 - 12:30	Round table discussions and question with presenters
12:30 - 13:00	Feedback from discussions
13:00 - 13:30	Action plans

**PARALLEL SESSION 2****PROJECTS FACILITATORS FORUM III***International Facilitators members*

10:00 - 10:30	Mouth-care project update
10:30 - 11:00	Quality Improvement Framework and next steps
11:00 - 11:30	<i>Coffee Break</i>
11:30 - 12:30	Educational programme to support the QIF and next steps
12:30 - 13:30	Agree next steps

**CLOSING SESSION***John Ellershaw and Susie Wilkinson*

13:30 - 14:00	Conclusions
14:00	<i>Sponsored picnic in the park</i>

**IMPORTANT:** Sessions will be in English or Spanish with simultaneous translation, except Facilitators Forum which will be only in English.





**Dr. John Ellershaw**

Professor of Palliative Medicine / Director of Marie Curie Palliative Care Institute Liverpool



**Dra. Susie Wilkinson**

Executive Director Centre for Communication Skills  
International Liaison Lead of the IC Palliative Care Institute Liverpool University of Liverpool



**Dra. Marisa Martín**

Expert in Palliative Care. CEO and Medical Director of the Cudeca Hospice, Málaga



**Grethe Sporken**

Palliative Care Nurse  
International Collaborative Lead in Norway



**Anette Duarte**

Developer of Swedish Palliative Care guide – S-PCG. The Institute for Palliative Care Lund, Sweden



**Dr. Francisco Gil**

Coordinator Unit Psychooncology Clinical Psychologist Institut Català d'Oncologia, Barcelona



**Elisa Romero**

Senior Palliative Care Nurse, Master in Counseling SACPA Spirituality Lead Cudeca Hospice, Málaga



**María Jesús de la Ossa**

Senior Palliative Care Nurse, Master in Research and Clinical Coordinator of the Cudeca Hospice, Málaga

### Contact Information

Phone: + 0034 952 564 910

Mail: [zuleramirez@cudeca.org](mailto:zuleramirez@cudeca.org)

On-line Registration: <https://goo.gl/forms/922XWzEu4ZtDH3fg1>

### Summer School Inscriptions

Members of International Collaborative: 120€

Non Members of International Collaborative: 170€\*

\* Includes membership of International Collaborative until the end of 2019

### Bank details

**SEPA Area Transfer:** IBAN ES73 2100 1621 9702 0013 7950

**Outside SEPA Area:** IBAN ES73 2100 1621 9702 0013 7950

**SWIFT /BIC :** CAIXESBBXXX

**Bank:** Caixa Bank S.A.

**Office:** Arroyo de la Miel - Sierramar

**Adress:** C/ Sierramar, 4. CP: 29631

**The registration fees includes:**

- \* ♦ Access to Scientific Sessions
- \* ♦ Certificate of Attendance
- \* ♦ Coffee Break and Lunch
- \* ♦ Thursday Summer School Dinner

### Accomodation

**Hotel Mac Benalmádena**

[jcg@mac-hotels.com](mailto:jcg@mac-hotels.com) / Tlf: +0034 952 96 16 96

Contact with Jerónimo Carmona or Mónica López indicating:  
CUDECA SUMMER SCHOOL

**Single room: 94,00€ per night, breakfast included**

**Limited numbers of rooms available  
Until 12th of April**